Lesson 1

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduction
- 2) Unpacking your Instrument
- 3) Parts of the Instrument
- 4) Rest Position Set-Up
- 5) Rest Position to Playing Position
- 6) Pizzicato the "A" String
- 7) Smile and Take a Bowl

Rest to Playing Position (HW)

Say the following chant to get your body set up for Rest position:

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!

Back Straight! Rest Position!

Say the following numbers out-loud and do the step listed next to the number:

- 1) Instrument Out
- 2) Instrument Slides to the LEFT
- 3) Scroll Turns Down
- 4) Button up to the Ear
- 5) Instrument rests on Shoulder and Jaw on Chinrest

Unpacking Your Instrument (HW)

- 1) Sit in chair with case on RIGHT side
- Slide case in front of you and lay it flat on the floor
- 3) Undo buckles/zippers/clasps and open the case
- Take out shoulder rest and put it in front of you
- 5) Unhook instrument grab it by the neck rest it on LEFT knee
- Close case and slide back on the RIGHT side
- 7) Rest instrument on side and put on shoulder rest
- 8) Hold instrument by LEFT shoulder and rest on LEFT knee

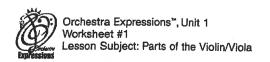
Pizzicato Songs (HW)

- Perform steps from Rest Position to Playing Position
- 2) Put out RIGHT hand and make a stop sign
- Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 5) Find the "A" string
- 6) Pluck the "A" string with a steady beat
- 7) Pluck the "A" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

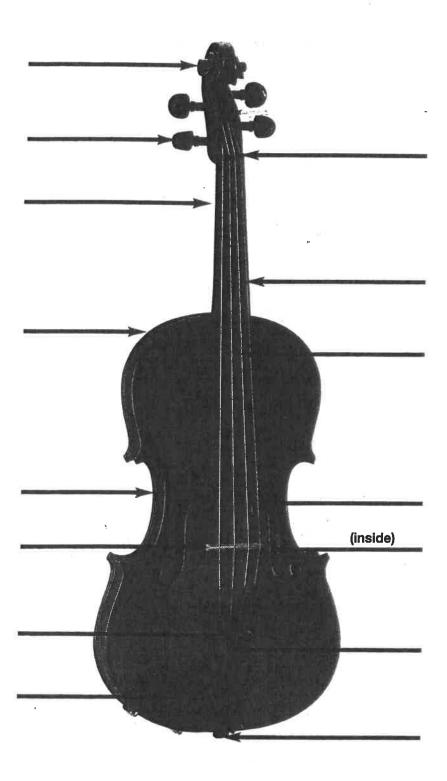
- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT 6) arm (chin rest is covered by arm)
- 4) Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- Pack up your instrument in the reverse order you unpacked it

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:



Name	Pl
Orchestra/Period	
Date	

VIOLIN/VIOLA Instrument and Bow Parts



Lesson 2

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review how to unpack your instrument
- 2) Review parts of the Instrument
- 3) Review Rest Position Set-Up
- 4) Review Rest Position to Playing Position
- 5) Review how to pizzicato the "A" String
- Learn how to pizzicato the "D" String
- 7) Smile and Take a Bow!

Rest to Playing Position (HW)

Say the following chant to get your body set up for Rest position:

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Say the following numbers out-loud and do the step listed next to the number:

- 1) Instrument Out
- 2) Instrument Slides to the LEFT
- 3) Scroll Turns Down
- 4) Button up to the Ear
- 5) Instrument rests on Shoulder and Jaw on Chinrest

Unpacking Your Instrument (HW)

- 1) Sit in chair with case on RIGHT side
- Slide case in front of you and lay it flat on the floor
- 3) Undo buckles/zippers/clasps and open the case
- 4) Take out shoulder rest and put it in front of you
- 5) Unhook instrument grab it by the neck rest it on LEFT knee
- Close case and slide back on the RIGHT side
- Rest instrument on side and put on shoulder rest
- Hold instrument by LEFT shoulder and rest on LEFT knee

Pizzicato Songs (HW)

- Perform steps from Rest Position to Playing Position
- 2) Put out RIGHT hand and make a stop sign
- 3) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 5) Find the "D" string
- 6) Pluck the "D" string with a steady
- 7) Pluck the "D" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT 6) arm (chin rest is covered by arm)
- Safe hand on bottom shoulder of instrument
- Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- Pack up your instrument in the reverse order you unpacked it

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:		

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CARE OF INSTRUMENT QUIZ
Circle the correct word: Always/sometimes/never wash your hands before handling the instrument
What are the fragile parts of the instrument, or the parts you should not touch? 1. 2.
3
True or False This instrument is strong and not easily broken or damaged
Who should be allowed to play your instrument? a) Older siblings b) Grandparents c) You d) A, B, and C
Circle the correct word: When you are not playing your instrument, store it in the refrigerator/case/drawer
Where should you leave your instrument? (circle all that apply) a) In your hot/cold car b) Outside in the snow/rain c) Inside your house d) Next to the heater
Who should be allowed to fix your instrument? a) Your strings teacher b) Your parents c) The doctor
Circle the correct word: Always/sometimes/never take off your shoulder rest / put

Always/sometimes/never take off your shoulder rest / paway your end pin before putting the instrument away

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- Review how to pizzicato the "D" String
- Learn about the parts of the bow
- Learn how to set-up bow hold on a pencil
- 5) Smile and Take A Bow!

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

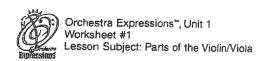
Bow-Hold on Pencil (pg 7) (HW)

- Make a bunny face with your RIGHT HAND
- Hold PENCIL ERASER with LEFT HAND
 and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- Teenage siblings (Middle and Ring)
 hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Smile and Take A Bow!

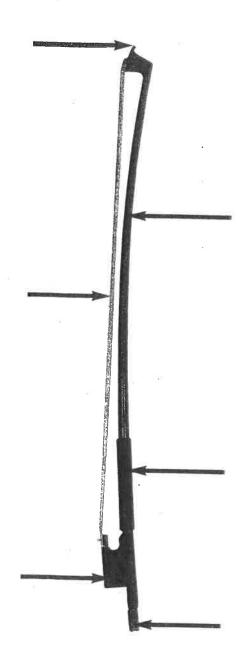
- 1) Make sure you're in Rest Position
- Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT arm (chin rest is covered by arm)
- Safe hand on bottom shoulder of instrument
- Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:



Name	
Orchestra/Period	
Date	

VIOLIN/VIOLA Instrument and Bow Parts



- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Review steps to get ready to play your instrument
- 2) Learn how to read "A" and "D" on the music staff
- 3) Play page 8 #4 and #5
- 4) Review the parts of the bow
- 5) Review how to set-up bow hold on a pencil
- 6) Introduce Checklist

Bow-Hold on Pencil (pg 7) (HW)

- Make a bunny face with your RIGHT
 HAND
- Hold PENCIL ERASER with LEFT HAND
 and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- Teenage siblings (Middle and Ring)
 hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

Orchestra Expressions Page 8 (HW)

- 1) Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES
- Perform steps from Rest Position to Playing Position
- Rest LEFT HAND on left shoulder of instrument
- Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #6 "Two String Salsa"
- 8) Play #7 "Les Toreadors

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT arm (chin rest is covered by arm)

 4) Safe hand an bottom shoulder of
- Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"

 4) Stand up slowly and while you silently
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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Name	
Orchestra/Period	
Date	

I play the (circle one):

Violin

Viola

Cello

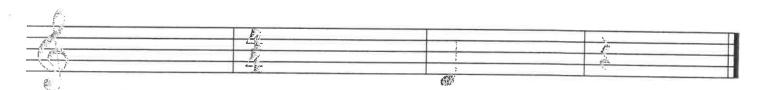
String Bass

CREATIVE EXPRESSION: Notating Creative Tools of Music

Instructions:

- Identify the line for your instrument. Trace the first symbol and draw three more in each measure.
- You may complete the other lines for extra credit.
- After your teacher reviews and returns your completed worksheet, place it in your portfolio.

Violin



Viola

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Cello and String Bass

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- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Review pg. 8 #7 Les Toreadors
- 3) Play page 10 #9 and 10
- 4) Review how to set-up bow hold on a pencil
- 5) Learn how to bow pencil on arm page 11 #13
- 6) Introduce Checklist

Bow-Hold on Pencil (pg 7) (HW)

- Make a bunny face with your RIGHT
 HAND
- Hold PENCIL ERASER with LEFT HAND and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) "Bow" using pencil and Rhythms #13 and #14 on page 11

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

Orchestra Expressions Page 10 (HW)

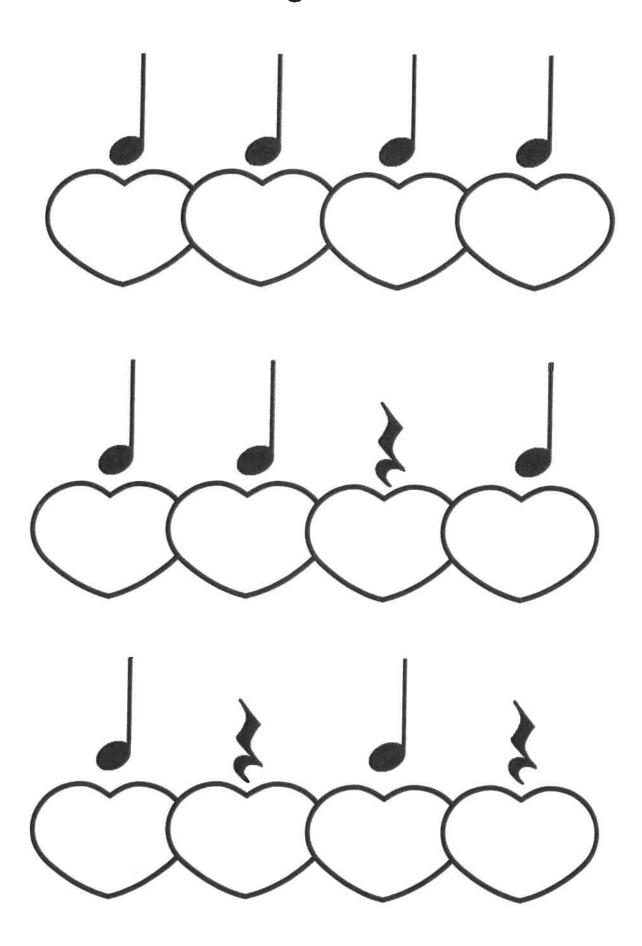
- 1) Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES
- Perform steps from Rest Position to Playing Position
- Rest LEFT HAND on left shoulder of instrument
- Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #11 "Three Point Shot"
- 8) Play #12 "Mix 'em Up"

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- Place your instrument under your RIGHT 6) arm (chin rest is covered by arm)
- Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and white you silently say to yourself "Did I tie my shoes?"
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Write the counting inside the heartbeats:



Lesson 6

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 10 #12 Mix 'em Up
- Learn "A" and "G" on the D String
- 3) Play page 12 #17 and #18
- 4) Learn how to set-up bow hold on bow
- 5) Learn how to use bow tube with page 11 #13 and #14
- 6) Introduce Checklist

Bow-Hold on Bow (pg II) (HW)

- Make a bunny face with your RIGHT
 HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #13 and #14 using bow and bow tube

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

Orchestra Expressions Page 12 (HW)

- 1) Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES
- Perform steps from Rest Position to Playing Position
- Rest LEFT HAND on left shoulder of instrument
- Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #19 "Pumping Iron #1"
- 8) Play #20 "Pumping Iron #2"

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT 6) arm (chin rest is covered by arm)
- 4) Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- Pack up your instrument in the reverse order you unpacked it

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent

Parent Initials:

Name:
Date:
Creative Expression
Composition Part 1
 Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign. Use Unit 4 page 11 in your book to help you! Create a rhythm four measures long by using quarter notes and quarter rests. Count and play your Rhythm!

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 12 #20 Pumping Iron #2
- 2) Learn "F#" and "E" on the D String
- 3) Play page 14 #24 and #25
- Review how to set-up bow hold on bow
- 5) Review how to use bow tube with page 11 #14
- 6) Learn page 11 #15 and #16
- Introduce Checklist

Bow-Hold on Bow (pg II) (HW)

- Make a bunny face with your RIGHT
 HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #15 and #16 using bow and bow tube

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinres

Orchestra Expressions Page 14 (HW)

- Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES
- 2) Perform steps from Rest Position to Playing Position
- Rest LEFT HAND on left shoulder of instrument
- Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #26 "Shuffle back and Forth"

Smile and Take A Bow!

- Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- Place your instrument under your RIGHT 6)
 arm (chin rest is covered by arm)
- Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
 - Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday]
] .

Parent Initials:

Name:
Date:
Creative Expression
Composition Part 2
 Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign. Create four measures of music by adding open string pitches (G, D, A) to the rhythm you created in Composition Part 1. Play your Open String Song!

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 14 #26
- 2) Learn page 14 #27 "Mary Lee"
- 3) Review how to set-up bow hold on bow
- Learn how to use bow on instrument
- 5) Learn A, D, and G String levels
- 6) Learn page 13 #21-23
- 7) Introduce Checklist

Bow-Hold on Bow (pg 11)

- Make a bunny face with your RIGHT
 HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest/

Orchestra Expressions Page 14 (HW)

- Before playing your songs, read the music saying the RHYTHMS and NOTE NAMES
- 2) If songs are long do only two measures at a time
- Perform steps from Rest Position to Playing Position
- 4) Rest LEFT HAND on left shoulder of instrument
- 5) Put out RIGHT hand and make a stop sign
- 6) Turn RIGHT hand into a letter "L"
- Anchor RIGHT thumb on the corner of your fingerboard
- 8) Play #27 "Mary Lee"

Bowing on your Instrument! (page 13 #21-23) (HW)

- Set up your bow hold using notes above
- 2) Put right arm straight out in front of you 5) with bow tip facing up
- 3) Lift right arm up and gently rest bow on 6) one string at the frog
- Make sure bow hair is flat and the bow is between the fingerboard and bridge
 - Keep your elbow below your wrist and wrist slightly bent before a down bow
 - Straighten elbow and bend wrist in other direction before starting up bow

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

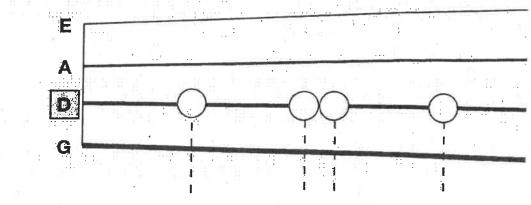


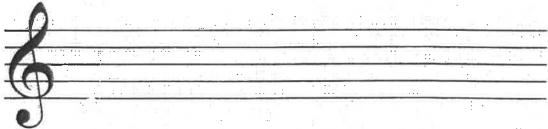
Name	
Orchestra/Period	
Date	

Finger Pattern for the D String—Violin

Instructions:

- Place the proper note names inside the circles on the diagram.
 Draw the corresponding quarter notes on the staff.
 Write the fingering numbers above the notes.





Lesson 9

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Review page 14.#27 "Mary Lee"
- 2) Learn about skips page 16 #33 and 34
- 3) Learn Au Clair de la Lune (on handout)
- 4) Review how to set-up bow hold on bow
- Review how to use bow on instrument
- 6) Learn about String Crossings
- 7) Learn page 15 #28 and #29
- 8) Introduce Checklist

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- Name (Name (Nam

Bowing on your Instrument! (page 15 #30-32) (HW)

- 1) Put right arm straight out in front of you with bow tip facing up
- 2) Lift right arm up and gently rest bow on 5) one string at the frog
- 3) Make sure bow hair is flat and the bow 6) is between the fingerboard and bridge
- Keep your elbow below your wrist and wrist slightly bent before a down bow Straighten elbow and bend wrist in other direction before starting up bow
- Make sure to move bow from shoulder before changing strings

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	Creative Expression
	Composition Part 3
•	Create four measures by writing the clef for your instrument, a time
	signature, bar lines, and a repeat sign.
•	Create four measures of music by adding D-string pitches (D, G, A) to the
	rhythm you created in Composition Part 1. Start and end on D.
•	Play your D-String Song!

Lesson 10

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow
- Review how to use bow on instrument
- Learn how to combine bows and fingers
- 5) Learn page 18 #41 and #42
- 6) Learn about Bow Lifts
- 7) Learn page 17 #37
- 8) Introduce Checklist

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- (1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- Nay Au Clair de la Lune (handout)

Bowing on your Instrument! (page 17 #37 and #38) (HW)

- 1) Put right arm straight out in front of you with bow tip facing up
- 2) Lift right arm up and gently rest bow on 5) one string at the frog
- 3) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- Keep your elbow below your wrist and wrist slightly bent before a down bow Straighten elbow and bend wrist in other direction before starting up bow
- Make sure to lift bow towards your music stand, up and back down

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

	Creative Expression
	Composition Part 4
•	Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
	Create four measures of music by adding D-string pitches (D, E, F#, G, A) to the rhythm you created in Composition Part 1. Start and end on D. Play your D-String Song!
-	Tray your b-string song:
	•

Lesson II

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow and use bow on instrument
- 3) Review how to combine bows and fingers
- 4) Review Bow Lifts
- 5) Learn D Pentascale pg. 19 #46
- 6) Learn Ode to Joy and Jingle Bells (handout)
- 7) Introduce Checklist

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

How to Practice your Homework

- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Au Clair de la Lune (handout)
- 3) Ode to Joy (handout)
- 4) Jingle Bells (handout)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:



Name	
Orchestra/Period	
Date	

"Bows 'n' Notes" (Notation Expression)—Violin

Instructions:

- Place a bow lift symbol above each quarter rest.
- Mark the bowings above each note, observing the lift symbols.
- In the spaces below the line, write in the letter name of each note.
- Play "Bows 'n' Notes" shadow bowing and arco.





Winter Concert Music



Violin

FIRST SONG (DEEP BREATH, REST POSITION)

Starts on D (0 fingers on the D String)

Play 2 times, then pause, then play 1 more time



STAND AND BOW

SECOND SONG (DEEP BREATH, REST POSITION)

Starts on F# (2 fingers on the D String)



STAND AND BOW

THIRD SONG (DEEP BREATH, REST POSITION)

Starts on F# (2 fingers on the D String)



STAND AND BOW

YOU'RE ALL DONE!

Lesson 12

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Review how to set-up bow hold on bow
- Review how to use bow on instrument
- 3) Play D Pentascale pg. 19 #46
- 4) Learn "E" and "D" on A String page 20 #49 and #50
- 5) Learn "C#" and "B" on A String page 21 #53 and #54
- 6) Learn Half Notes page 32 #94
- 7) Introduce Checklist

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 20 #51 "Pumping Iron #3"
- 3) Play page 20 #52 "Pumping Iron #4"
 - 4) Play page 21 #55 "Back and Forth Shuffle"
 - 5) Play page 21 #56 "Hip Hop Jumps"
 - 6) Play page 32 #94 "Half Full" on a note of your choosing

bottom the hight before their child's lesson to verify the amount of time practiced.								
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:		
						1		

Words with Notes

Name:	: Instrument:					
Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D String notes. See how long a word you can make!						
E G G	A G	E	ADD	DEED		
FADE		FE	E D	DEAF		
Invent your ov	vn D Str	ing Not	e word!			

Lesson 13

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Review page 21 #56
- 4) Practice skips pg. 22 #57 & 61
- 5) Learn "D" & "C" on G String pa. 26 #74
- 6) Learn "B" and "A" on G String pg. 27 #77
- 7) Learn Impulse mm. 1-8

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear

Instrument rests on shoulder/jaw on chinrest

How to Practice your Homework

- (1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Learn page 22 #59 "Speed Shift" and #61 "Pentascale #2"
- 3) Learn page 26 #75 "Pumping Iron #5" and #76 "Pumping Iron #6"
- 4) Learn page 27 #78 "Back and Forth on G" and #80 "Pole Vault"
- 5) Learn "Impulse" mm. 1-8

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

D and E Homework

Review the 2 different ways to play E and D (low and high octaves) on pages 14 and 20 in your Orchestra Expressions Book.

Label the LETTER NAME of each note <u>below</u>, and then write the FINGERING <u>on top</u>:







Lesson 14

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Play A Pentascale page 22 #61
- 4) Learn G Pentascale page 28 #81
- 5) Learn Eighth Notes page 24 #66 & 68
- 6) Review Impulse mm. 1-8
- 7) Learn Impulse mm. 9-16

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

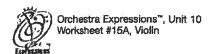
How to Practice your Homework

- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 22 #61 "Pentascale #2"
- 3) Play page 28 #81 "Pentascale #3"
- 4) Review "Impulse" mm. 1-8
- 5) Learn "Impulse" mm. 9-16

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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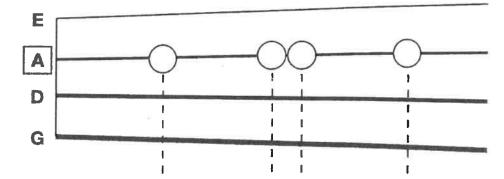


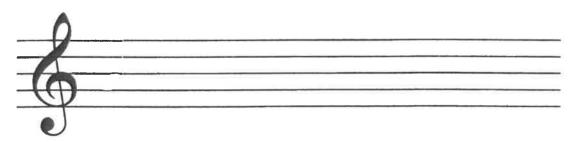
Name	
Orchestra/Period	
Date	

Finger Pattern for the A String—Violin

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.





Lesson 15

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale page 28 #81
- 3) Learn D Major Scale page 31 #89
- 4) Review Impulse mm. 1-16
- 5) Learn Impulse mm. 17-24
- 6) Learn Dragon's Den mm. 1-8

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Learn D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-16
- 4) Learn "Impulse" mm. 17-24 5) Learn "Dragon's Den" mm. 1-8

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
		27				

Words with Notes 2

Name:	Inst	trument:				
Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D and A String notes. See how long a word you can make!						
B E E	A G E B A	A C E				
FADE	BEEF	CABBAGE				
nvent your	own D and A String No	te word!				
THE RESERVE THE PROPERTY OF TH						

Lesson 16

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-24
- 5) Learn Impulse mm. 25-32
- 6) Review Dragon's Den mm. 1-8
- 7) Learn Dragon's Den mm. 9-16

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

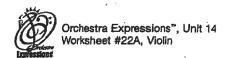
How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-24
- 4) Learn "Impulse" mm. 25-32
- 5) Review "Dragon's Den" mm. 1-8
- 6) Learn "Dragon's Den" mm. 9-16

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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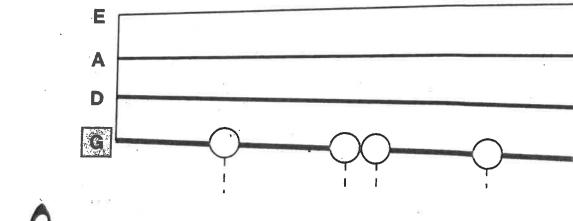


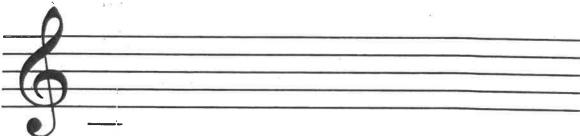
Name	9
Orchestra/Period	
Date	*

2-3 Finger Pattern on the G String—Violin

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.





Lesson 17

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-32
- 5) Learn Impulse mm. 33-40
- 6) Review Dragon's Den mm. 1-16
- 7) Learn Dragon's Den mm. 17-20

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on

shoulder/jaw on chinrest

How to Practice your Homework

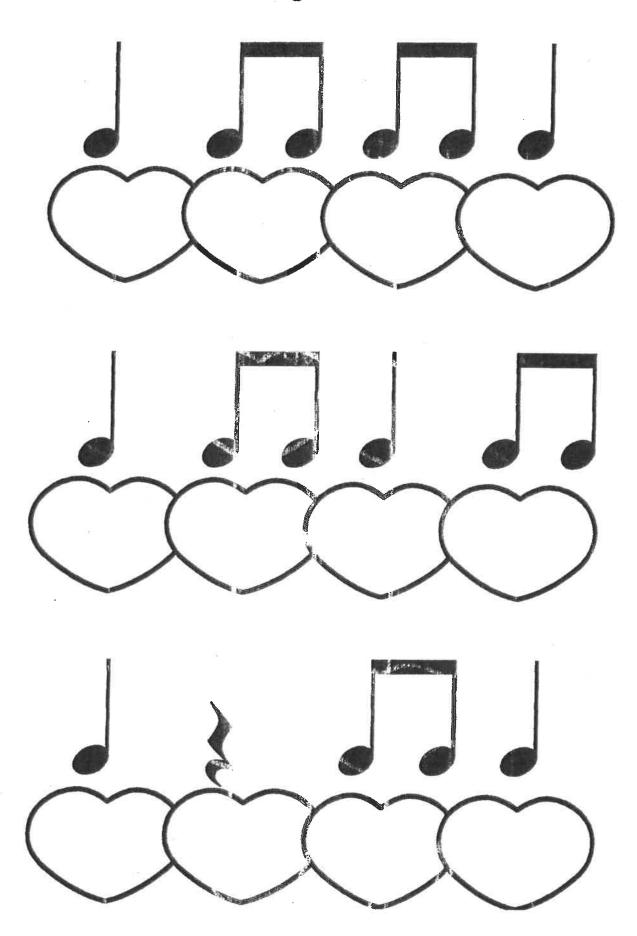
- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-32
- 4) Learn "Impulse" mm. 33-40
- 5) Review "Dragon's Den" mm. 1-16
- 6) Learn "Dragon's Den" mm. 17-20

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Write the counting inside the heartbeats:



Lesson 18

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-40
- 5) Learn Impulse mm. 41-end
- 6) Review Dragon's Den mm. 1-20
- 7) Learn Dragon's Den mm. 21-end

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinres

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-40
- 4) Learn "Impulse" mm. 41-end
- 5) Review "Dragon's Den" mm. 1-20
- 6) Learn "Dragon's Den" mm. 21-end

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Additional Games

Note Values

instructions:

Fill in the blanks using the following information as a guide:

In 4 and 4 time:

Quarter note = 1 beat Eighth note = 1/2 beat

1. There are	eighth notes in one quarter note.
2. There are	quarter notes in six eighth notes.
3. There are	eighth notes in two quarter notes.
4. Three quarter notes equal	eighth notes.
5. Four eighth notes equal _	_
6. Three eighth notes equal_	beats.

Lesson 19

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse ALL
- 5) Review Dragon's Den ALL

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" ALL
- 4) Review "Dragon's Den" ALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

IMPULSE

BRIAN BALMAGES (ASCAP)





Dragon's Den

Hannah Yang



Dragon's Den

Hannah Yang



Lesson 20

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- (1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Learn Double Stops page 25 #71
- 5) Learn C-naturals page 42 #133-135
- 6) Learn "Good News Blues" mm. 1-4

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on

shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Play page 25 #72 "Lowdown Hoedown"
- 4) Play C-natural page 42 #136 and 137
- 5) Learn "Good News Blues" mm. 1-4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

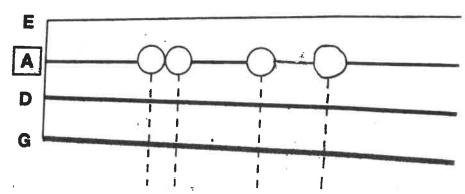


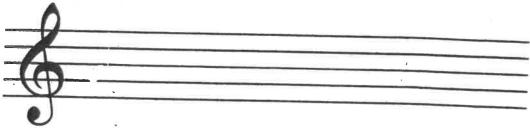
Name	
Orchestra/Period	
Date	

Relate the A String Chromatic Notes/Fingerings to the Piano Keyboard—Violin

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.





Lesson 21

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review pg. 25 #71 & pg. 42 #137
- 5) Learn Staccatos pg. 38 #119
- 6) Review "Good News Blues" mm. 1-4
- 7) Learn "Good News Blues" mm. 5-12
- 8) Learn "Lackawanna Locomotive" mm. 1-12

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN

Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Play page 38 #119 "Taco Staccato"
- 4) Review "Good News Blues" mm. 1-4
- 5) Learn "Good News Blues" mm. 5-12
- 6) Learn "Lackawanna Locomotive" mm. 1-12

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Name:			\$2.	
Date:		=		
	C	Creative Ex	pression	3
		Compositio	n Part 1	
signature, • Create a rl and quarte	bar lines, and hythm four me	a repeat sigr asures long	•	rument, a time notes, eighth notes,
	*			
				*1
•				

Lesson 22

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review pg. 38 #119
- 6) Review "Good News Blues" mm. 1-12
- 7) Learn "Good News Blues" mm. 13-20
- 8) Review "Lackawanna Locomotive" mm. 1-12
- 9) Learn "Lackawanna Locomotive" mm. 13-24

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- (1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

shoulder/jaw on chinrest

How to Practice your Homework

- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-12
- 4) Learn "Good News Blues" mm. 13-20
- 5) Review "Lackawanna Locomotive" mm. 1-12
- 6) Learn "Lackawanna Locomotive" mm. 13-24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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Name	e:
Date:	
	Creative Expression
	Composition Part 2
•	Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign. Create four measures of music by adding A pentascale pitches (A, B, C#, D, E) to the rhythm you created in Composition Part 1. Play your A scale song!

Lesson 23

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm.
- 6) Learn "Good News Blues" mm. 21-24
- 7) Review "Lackawanna Locomotive" mm. 1-24
- 8) Learn "Lackawanna Locomotive" mm. 25-32

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on

_shoulder/jaw on chinres

How to Practice your Homework

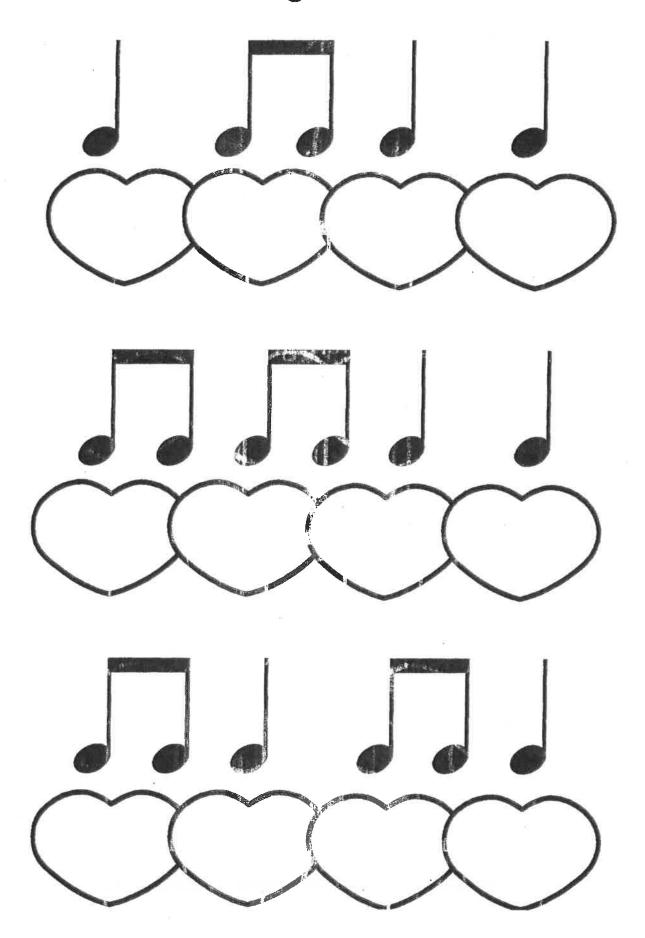
- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-20
- 4) Learn "Good News Blues" mm. 21-24
- Review "Lackawanna Locomotive" mm. 1-24
- 6) Learn "Lackawanna Locomotive" mm. 25-32

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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Write the counting inside the heartbeats:



Lesson 24

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-24
- 6) Learn "Good News Blues" mm. 25-32
- 7) Review "Lackawanna Locomotive" mm. 1-32
- 8) Learn "Lackawanna Locomotive" mm. 33-40

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- If songs are long do only two measures at a time and follow each note with your eyes while you play
- Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-24
- 4) Learn "Good News Blues" mm. 25-32
- 5) Review "Lackawanna Locomotive" mm. 1-32
- 6) Learn "Lackawanna Locomotive" mm. 33-40

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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Additional Games

Note Values

Instructions: Fill in the blanks using the following information as a guide: In $\frac{4}{4}$ and $\frac{2}{4}$ time:	
Quarter note = 1 beat	
Eighth note = 1/2 beat	

1. There are	eighth notes in one quarter note.
2. Two quarter notes equal _	eighth notes.
3. There are	eighth notes in four quarter notes.
4. Three quarter notes equal	eighth notes.
5. Four eighth notes equal _	beats.
6. Three eighth notes equal	beats

Lesson 25

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-32
- 6) Learn "Good News Blues" mm. 33-end
- 7) Review "Lackawanna Locomotive" mm. 1-40
- 8) Learn "Lackawanna Locomotive" mm. 41-end

Using the Bow

- 1) Review bow hold on page 11
- Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- Don't forget to take out your shoulder rest before your instrument
- Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

How to Practice your Homework

- Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

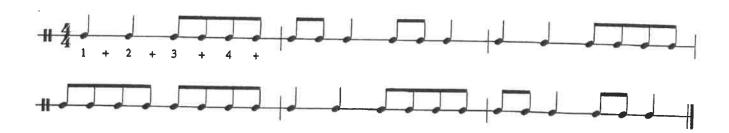
- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-32
- 4) Learn "Good News Blues" mm. 33-end
- 5) Review "Lackawanna Locomotive" mm. 1-40
- 6) Learn "Lackawanna Locomotive" mm. 41-end

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Rhythm Line #1

Instructions:

Write the subdivided counting under the notes.



Lesson 26

- Students should try to practice 10-15 minutes every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" ALL
- 6) Review "Lackawanna Locomotive"
 ALL

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

Getting Ready to Play

- Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Instrument OUT
Instrument slides to LEFT
Scroll turns DOWN
Button up to the ear
Instrument rests on
shoulder/jaw on chinrest

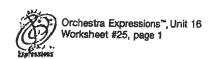
How to Practice your Homework

- 1) Read through the music, count the RHYTHMS, and say the NOTE NAMES
- 2) If songs are long do only two measures at a time and follow each note with your eyes while you play
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" ALL
- 4) Review "Lackawanna Locomotive" ALL

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:
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Name	**
Orchestra/Period	
Date	

First Semester Orchestra Review

1. f	ill in the blanks. Use eac	h tool/term only once.					
	music staff scale	repeat sign double stop	ledger lines	bow lift			
	bar line	clef sign	arco	sharp sign			
	measure arpeggio	time signature	pizzicato key signature	double bar pentascale			
1.			allow us to play notes abov	re and below the staff.			
2.		indicates					
3.	The	h	as five lines and four space	es.			
4.	A has two lines and two dots and means to						
_		ne composition again.					
5.		or a	•				
6.		ins to play with the bow.					
7.	A separates the staff into measures.						
8.	A raises the pitch one half step.						
9.		means to	o pluck the string.				
11.	one of the lines.		is placed at the beginning of	of the staff to denote the pitch o			
٦							
14.	When music moves in a	ascending or descending orde	r. it is called a				
		bar lines is called a		·			
59							
17.	Α	has five notes mov	ving in ascending or descer	odina order			
18.	When you play two note	es at the same time it is called	a				
21.	When you play the notes	s of a chord one at a time, it is	s called an				
23.	The	R ented to the control of the contro	tells us which notes	to play sharp or flat			

DORIS GAZDA





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