

Fourth Grade Violin/Viola Practice Checklist

Lesson 1

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduction
- 2) Unpacking your Instrument
- 3) Parts of the Instrument
- 4) Rest Position Set-Up
- 5) Rest Position to Playing Position
- 6) Pizzicato the "A" String
- 7) Smile and Take a Bow!

Unpacking Your Instrument (HW)

- 1) Sit in chair with case on **RIGHT** side
- 2) Slide case in front of you and lay it flat on the floor
- 3) Undo buckles/zippers/clasps and open the case
- 4) Take out shoulder rest and put it in front of you
- 5) Unhook instrument - grab it by the neck - rest it on **LEFT** knee
- 6) Close case and slide back on the **RIGHT** side
- 7) Rest instrument on side and put on shoulder rest
- 8) Hold instrument by **LEFT** shoulder and rest on **LEFT** knee

Rest to Playing Position (HW)

Say the following chant to get your body set up for Rest position:

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Say the following numbers out-loud and do the step listed next to the number:

- 1) **Instrument Out**
- 2) **Instrument Slides to the LEFT**
- 3) **Scroll Turns Down**
- 4) **Button up to the Ear**
- 5) **Instrument rests on Shoulder and Jaw on Chinrest**

Pizzicato Songs (HW)

- 1) Perform steps from Rest Position to Playing Position
- 2) Put out **RIGHT** hand and make a stop sign
- 3) Turn **RIGHT** hand into a letter "L"
- 4) Anchor **RIGHT** thumb on the corner of your fingerboard
- 5) Find the "A" string
- 6) Pluck the "A" string with a steady beat
- 7) Pluck the "A" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Stand Up with Feet and Toes Together | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Place your instrument under your RIGHT arm (chin rest is covered by arm) | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Safe hand on bottom shoulder of instrument | |

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



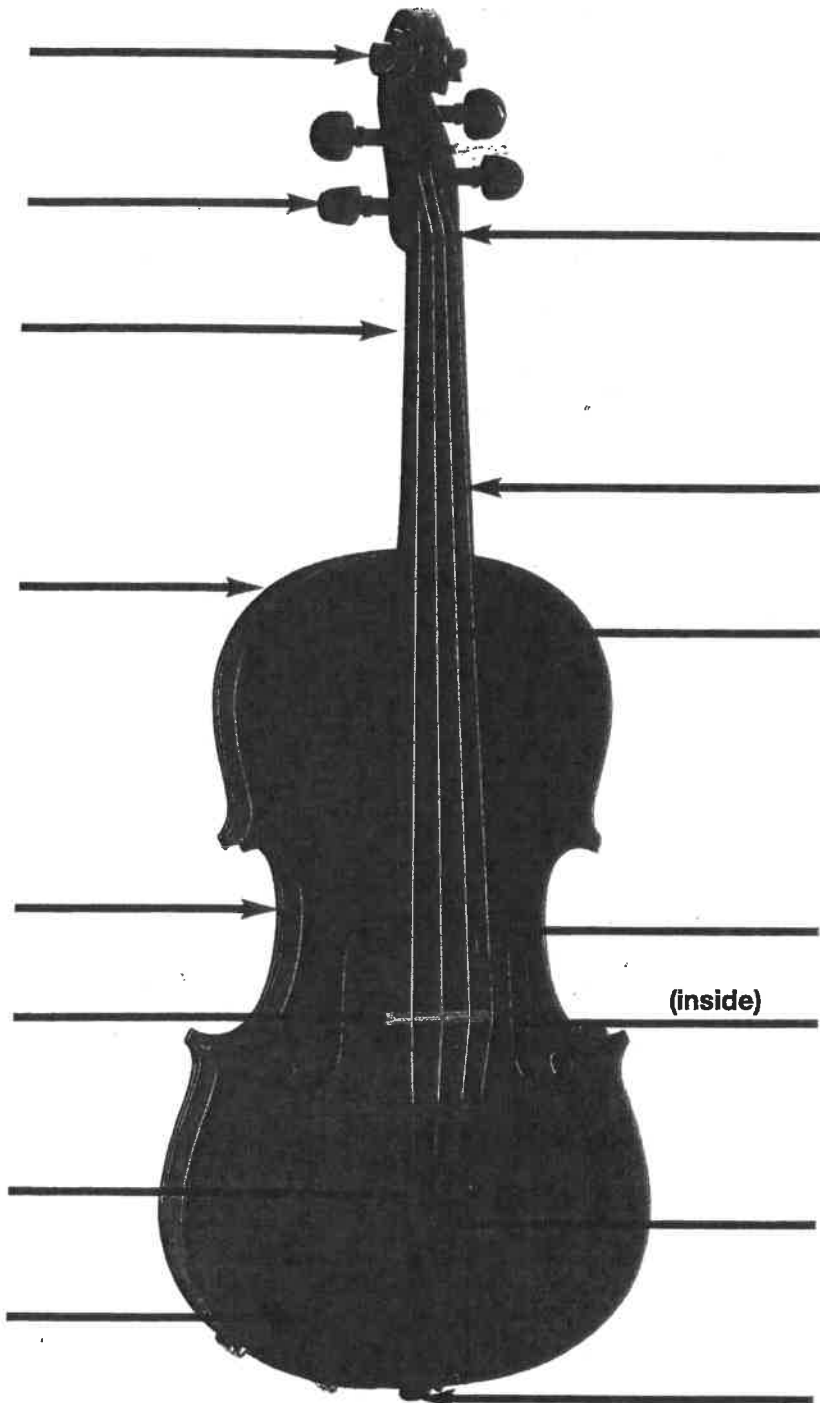
Name _____

Orchestra/Period _____

Date _____

VIOLIN/VIOLA

Instrument and Bow Parts



Fourth Grade Violin/Viola Practice Checklist

Lesson 2

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review how to unpack your Instrument
- 2) Review parts of the Instrument
- 3) Review Rest Position Set-Up
- 4) Review Rest Position to Playing Position
- 5) Review how to pizzicato the "A" String
- 6) Learn how to pizzicato the "D" String
- 7) Smile and Take a Bow!

Unpacking Your Instrument (HW)

- 1) Sit in chair with case on RIGHT side
- 2) Slide case in front of you and lay it flat on the floor
- 3) Undo buckles/zippers/clasps and open the case
- 4) Take out shoulder rest and put it in front of you
- 5) Unhook instrument - grab it by the neck - rest it on LEFT knee
- 6) Close case and slide back on the RIGHT side
- 7) Rest instrument on side and put on shoulder rest
- 8) Hold instrument by LEFT shoulder and rest on LEFT knee

Rest to Playing Position (HW)

Say the following chant to get your body set up for Rest position:

**Feet flat
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!**

Say the following numbers out-loud and do the step listed next to the number:

- 1) **Instrument Out**
- 2) **Instrument Slides to the LEFT**
- 3) **Scroll Turns Down**
- 4) **Button up to the Ear**
- 5) **Instrument rests on Shoulder and Jaw on Chinrest**

Pizzicato Songs (HW)

- 1) Perform steps from Rest Position to Playing Position
- 2) Put out RIGHT hand and make a stop sign
- 3) Turn RIGHT hand into a letter "L"
- 4) Anchor RIGHT thumb on the corner of your fingerboard
- 5) Find the "D" string
- 6) Pluck the "D" string with a steady beat
- 7) Pluck the "D" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

- | | |
|---|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Stand Up with Feet and Toes Together | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Place your instrument under your RIGHT arm (chin rest is covered by arm) | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Safe hand on bottom shoulder of instrument | |

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School _____
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CARE OF INSTRUMENT QUIZ

Circle the correct word:

Always/sometimes/never wash your hands before handling the instrument

What are the fragile parts of the instrument, or the parts you should not touch?

1. _____
2. _____
3. _____

True or False

This instrument is strong and not easily broken or damaged

Who should be allowed to play your instrument?

- a) Older siblings b) Grandparents c) You d) A, B, and C

Circle the correct word:

When you are not playing your instrument, store it in the refrigerator/case/drawer

Where should you leave your instrument? (circle all that apply)

- a) In your hot/cold car b) Outside in the snow/rain
c) Inside your house d) Next to the heater

Who should be allowed to fix your instrument?

- a) Your strings teacher b) Your parents c) The doctor

Circle the correct word:

Always/sometimes/never take off your shoulder rest / put away your end pin before putting the instrument away

Fourth Grade Violin/Viola Practice Checklist

Lesson 3

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Review how to pizzicato the "D" String
- 3) Learn about the parts of the bow
- 4) Learn how to set-up bow hold on a pencil
- 5) Smile and Take A Bow!

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on shoulder/jaw on chinrest

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your **RIGHT HAND**
- 2) Hold **PENCIL ERASER** with **LEFT HAND** and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Smile and Take A Bow!

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Stand Up with Feet and Toes Together | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Place your instrument under your RIGHT arm (chin rest is covered by arm) | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Safe hand on bottom shoulder of instrument | |

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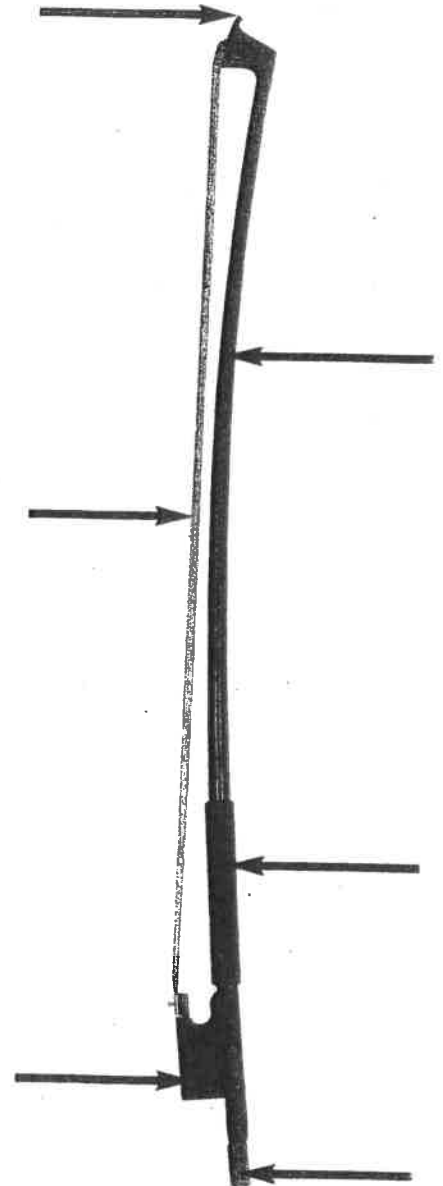
Name _____

Orchestra/Period _____

Date _____

VIOLIN/VIOLA

Instrument and Bow Parts



Fourth Grade Violin/Viola Practice Checklist

Lesson 4

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Learn how to read "A" and "D" on the music staff
- 3) Play page 8 #4 and #5
- 4) Review the parts of the bow
- 5) Review how to set-up bow hold on a pencil
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your **RIGHT HAND**
- 2) Hold **PENCIL ERASER** with **LEFT HAND** and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Orchestra Expressions Page 8 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest **LEFT HAND** on left shoulder of instrument
- 4) Put out **RIGHT hand** and make a stop sign
- 5) Turn **RIGHT hand** into a letter "L"
- 6) Anchor **RIGHT thumb** on the corner of your fingerboard
- 7) Play #6 "Two String Salsa"
- 8) Play #7 "Les Toreadors"

Smile and Take A Bow!

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Stand Up with Feet and Toes Together | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Place your instrument under your RIGHT arm (chin rest is covered by arm) | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Safe hand on bottom shoulder of instrument | |

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Name _____

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Date _____

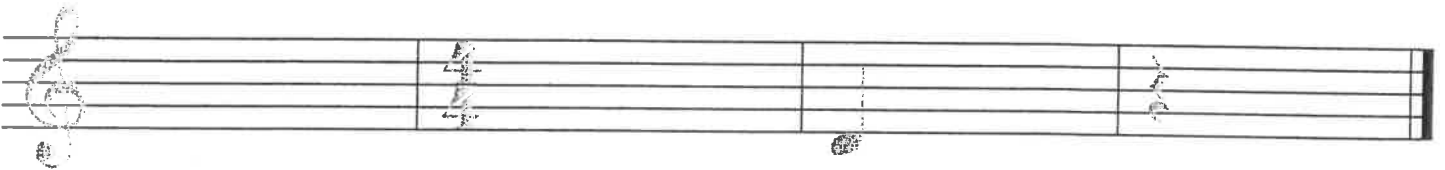
I play the (circle one): Violin Viola Cello String Bass

CREATIVE EXPRESSION: Notating Creative Tools of Music

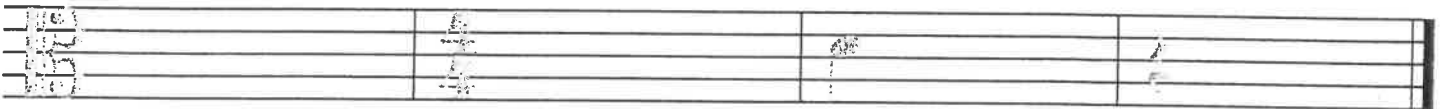
Instructions:

- Identify the line for your instrument. Trace the first symbol and draw three more in each measure.
- You may complete the other lines for extra credit.
- After your teacher reviews and returns your completed worksheet, place it in your portfolio.

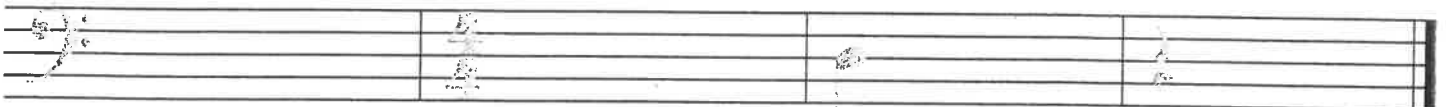
Violin



Viola



Cello and String Bass



Fourth Grade Violin/Viola Practice Checklist

Lesson 5

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Review pg. 8 #7 Les Toreadors
- 3) Play page 10 #9 and 10
- 4) Review how to set-up bow hold on a pencil
- 5) Learn how to bow pencil on arm page 11 #13
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold PENCIL ERASER with LEFT HAND and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) "Bow" using pencil and Rhythms #13 and #14 on page 11

Orchestra Expressions Page 10 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #11 "Three Point Shot"
- 8) Play #12 "Mix 'em Up"

Smile and Take A Bow!

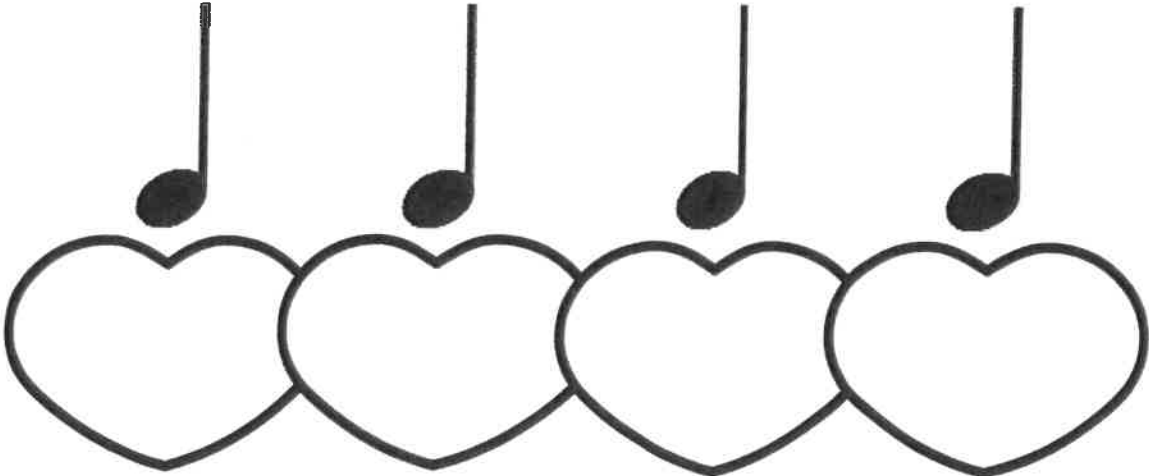
- | | |
|---|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Stand Up with Feet and Toes Together | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Place your instrument under your RIGHT arm (chin rest is covered by arm) | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Safe hand on bottom shoulder of instrument | |

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Write the counting inside the heartbeats:



Fourth Grade Violin/Viola Practice Checklist

Lesson 6

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 10 #12 Mix 'em Up
- 2) Learn "A" and "G" on the D String
- 3) Play page 12 #17 and #18
- 4) Learn how to set-up bow hold on bow
- 5) Learn how to use bow tube with page 11 #13 and #14
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!
Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on shoulder/jaw on chinrest**

Bow-Hold on Bow (pg 11) (HW)

- 1) Make a bunny face with your **RIGHT HAND**
- 2) Hold **MIDDLE OF BOW** with **LEFT HAND** and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #13 and #14 using bow and bow tube

Orchestra Expressions Page 12 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest **LEFT HAND** on left shoulder of instrument
- 4) Put out **RIGHT hand** and make a stop sign
- 5) Turn **RIGHT hand** into a letter "L"
- 6) Anchor **RIGHT thumb** on the corner of your fingerboard
- 7) Play #19 "Pumping Iron #1"
- 8) Play #20 "Pumping Iron #2"

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your **RIGHT arm** (chin rest is covered by arm)
- 4) Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

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Name: _____

Date: _____

Creative Expression

Composition Part 1

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign. Use Unit 4 page 11 in your book to help you!
- Create a rhythm four measures long by using quarter notes and quarter rests.
- Count and play your Rhythm!

Fourth Grade Violin/Viola Practice Checklist

Lesson 7

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 12 #20 Pumping Iron #2
- 2) Learn "F#" and "E" on the D String
- 3) Play page 14 #24 and #25
- 4) Review how to set-up bow hold on bow
- 5) Review how to use bow tube with page 11 #14
- 6) Learn page 11 #15 and #16
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on shoulder/jaw on chinrest

Bow-Hold on Bow (pg 11) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #15 and #16 using bow and bow tube

Orchestra Expressions Page 14 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #26 "Shuffle back and Forth"

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Stand Up with Feet and Toes Together
- 3) Place your instrument under your RIGHT arm (chin rest is covered by arm)
- 4) Safe hand on bottom shoulder of instrument
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

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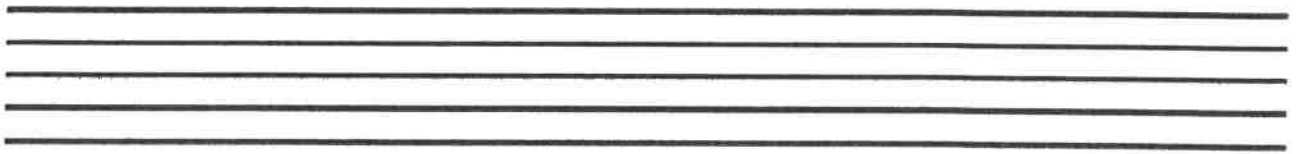
Name: _____

Date: _____

Creative Expression

Composition Part 2

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding open string pitches (G, D, A) to the rhythm you created in Composition Part 1.
- Play your Open String Song!



Fourth Grade Violin/Viola Practice Checklist

Lesson 8

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 14 #26
- 2) Learn page 14 #27 "Mary Lee"
- 3) Review how to set-up bow hold on bow
- 4) Learn how to use bow on instrument
- 5) Learn A, D, and G String levels
- 6) Learn page 13 #21-23
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

Orchestra Expressions Page 14 (HW)

- 1) *Before playing your songs, read the music saying the RHYTHMS and NOTE NAMES*
- 2) *If songs are long do only two measures at a time*
- 3) Perform steps from Rest Position to Playing Position
- 4) Rest LEFT HAND on left shoulder of instrument
- 5) Put out RIGHT hand and make a stop sign
- 6) Turn RIGHT hand into a letter "L"
- 7) Anchor RIGHT thumb on the corner of your fingerboard
- 8) Play #27 "Mary Lee"

Bowing on your Instrument! (page 13 #21-23) (HW)

- | | |
|--|---|
| 1) Set up your bow hold using notes above | 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge |
| 2) Put right arm straight out in front of you with bow tip facing up | 5) Keep your elbow below your wrist and wrist slightly bent before a down bow |
| 3) Lift right arm up and gently rest bow on one string at the frog | 6) Straighten elbow and bend wrist in other direction before starting up bow |

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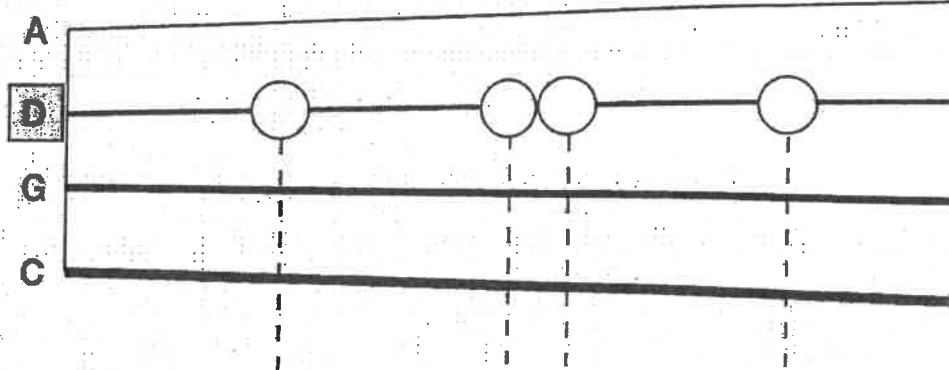


Name _____
Orchestra/Period _____
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Finger Pattern for the D String—Viola

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Violin/Viola Practice Checklist

Lesson 9

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 14 #27 "Mary Lee"
- 2) Learn about skips page 16 #33 and 34
- 3) Learn Au Clair de la Lune (on handout)
- 4) Review how to set-up bow hold on bow
- 5) Review how to use bow on instrument
- 6) Learn about String Crossings
- 7) Learn page 15 #28 and #29
- 8) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Instrument OUT

Back Straight!

Instrument slides to LEFT

Sloppy Back!

Scroll turns DOWN

Back Straight!

Button up to the ear

Rest Position!

Instrument rests on shoulder/jaw on chinrest

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- 8) Play Au Clair de la Lune (handout)

Bowing on your Instrument! (page 15 #30-32) (HW)

- | | |
|---|---|
| 1) Put right arm straight out in front of you with bow tip facing up | 4) Keep your elbow below your wrist and wrist slightly bent before a down bow |
| 2) Lift right arm up and gently rest bow on one string at the frog | 5) Straighten elbow and bend wrist in other direction before starting up bow |
| 3) Make sure bow hair is flat and the bow is between the fingerboard and bridge | 6) Make sure to move bow from shoulder before changing strings |

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

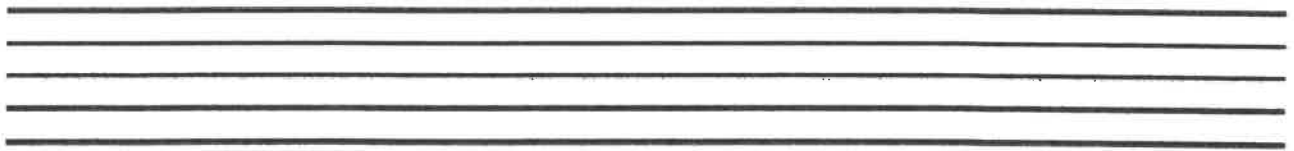
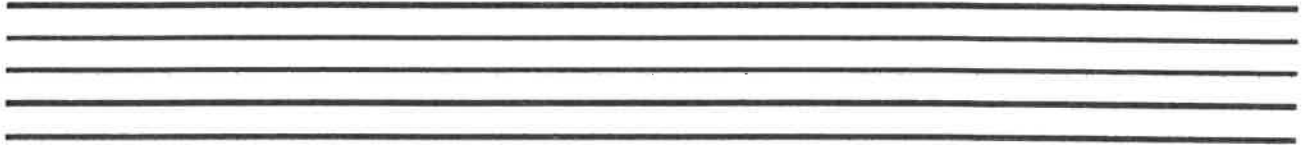
Name: _____

Date: _____

Creative Expression

Composition Part 3

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding D-string pitches (D, G, A) to the rhythm you created in Composition Part 1. Start and end on D.
- Play your D-String Song!



Fourth Grade Violin/Viola Practice Checklist

Lesson 10

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow
- 3) Review how to use bow on instrument
- 4) Learn how to combine bows and fingers
- 5) Learn page 18 #41 and #42
- 6) Learn about Bow Lifts
- 7) Learn page 17 #37
- 8) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Instrument OUT

Back Straight!

Instrument slides to LEFT

Sloppy Back!

Scroll turns DOWN

Back Straight!

Button up to the ear

Rest Position!

Instrument rests on shoulder/jaw on chinrest

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- 8) Play Au Clair de la Lune (handout)

Bowing on your Instrument! (page 17 #37 and #38) (HW)

- 1) Put right arm straight out in front of you with bow tip facing up
- 2) Lift right arm up and gently rest bow on one string at the frog
- 3) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 4) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 5) Straighten elbow and bend wrist in other direction before starting up bow
- 6) Make sure to lift bow towards your music stand, up and back down

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

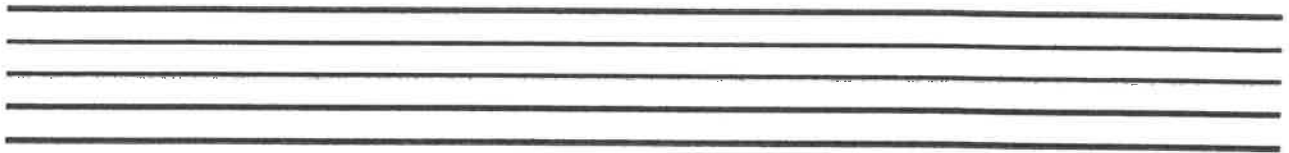
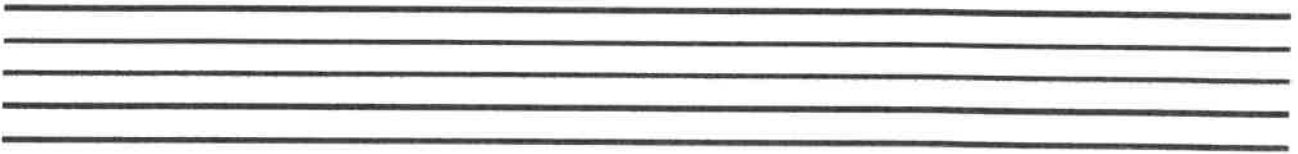
Name: _____

Date: _____

Creative Expression

Composition Part 4

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding D-string pitches (D, E, F#, G, A) to the rhythm you created in Composition Part 1. Start and end on D.
- Play your D-String Song!



Fourth Grade Violin/Viola Practice Checklist

Lesson II

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow and use bow on instrument
- 3) Review how to combine bows and fingers
- 4) Review Bow Lifts
- 5) Learn D Pentascale pg. 19 #46
- 6) Learn Ode to Joy and Jingle Bells (handout)
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Instrument OUT

Back Straight!

Instrument slides to LEFT

Sloppy Back!

Scroll turns DOWN

Back Straight!

Button up to the ear

Rest Position!

Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Au Clair de la Lune (handout)
- 3) Ode to Joy (handout)
- 4) Jingle Bells (handout)

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

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Name _____

Orchestra/Period _____

Date _____

“Bows 'n' Notes” (Notation Expression)—Viola

Instructions:

- Place a bow lift symbol above each quarter rest.
- Mark the bowings above each note, observing the lift symbols.
- In the spaces below the line, write in the letter name of each note.
- Play “Bows 'n' Notes” shadow bowing and arco.





Winter Concert Music



Viola

FIRST SONG (DEEP BREATH, REST POSITION)

Starts on D (0 fingers on the D String)

Play 2 times, then pause, then play 1 more time



STAND AND BOW

SECOND SONG (DEEP BREATH, REST POSITION)

Starts on F# (2 fingers on the D String)



STAND AND BOW

THIRD SONG (DEEP BREATH, REST POSITION)

Starts on F# (2 fingers on the D String)



STAND AND BOW

YOU'RE ALL DONE!

Fourth Grade Violin/Viola Practice Checklist

Lesson 12

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review how to set-up bow hold on bow
- 2) Review how to use bow on instrument
- 3) Play D Pentascale pg. 19 #46
- 4) Learn "E" and "D" on A String page 20 #49 and #50
- 5) Learn "C#" and "B" on A String page 21 #53 and #54
- 6) Learn Half Notes page 32 #94
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Instrument OUT

Back Straight!

Instrument slides to LEFT

Sloppy Back!

Scroll turns DOWN

Back Straight!

Button up to the ear

Rest Position!

Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 20 #51 "Pumping Iron #3"
- 3) Play page 20 #52 "Pumping Iron #4"
- 4) Play page 21 #55 "Back and Forth Shuffle"
- 5) Play page 21 #56 "Hip Hop Jumps"
- 6) Play page 32 #94 "Half Full" on a note of your choosing

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Words with Notes

Name: _____ Instrument: _____

Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D String notes. See how long a word you can make!

E G G

A G E

A D D

D E E D



F A D E

F E E D

D E A F



Invent your own D String Note word!



Fourth Grade Violin/Viola Practice Checklist

Lesson 13

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Review page 21 #56
- 4) Practice skips pg. 22 #57 & 61
- 5) Learn "D" & "C" on G String pg. 26 #74
- 6) Learn "B" and "A" on G String pg. 27 #77
- 7) Learn Impulse mm. 1-8

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on shoulder/jaw on chinrest!**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Learn page 22 #59 "Speed Shift" and #61 "Pentascale #2"
- 3) Learn page 26 #75 "Pumping Iron #5" and #76 "Pumping Iron #6"
- 4) Learn page 27 #78 "Back and Forth on G" and #80 "Pole Vault"
- 5) Learn "Impulse" mm. 1-8

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

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Parent Initials: _____

D and E Homework

Review the 2 different ways to play E and D (low and high octaves) on pages 14 and 20 in your Orchestra Expressions Book.

Label the LETTER NAME of each note below, and then write the FINGERING on top:

A musical staff in bass clef with a 15/8 time signature. It contains seven notes. The first note is on the second line (D) with a '0' above it and 'D' below it. The second note is on the second space (E) with a '3' above it and 'D' below it. The third note is on the second line (D). The fourth note is on the second space (E). The fifth note is on the second line (D) with a '3' above it. The sixth note is on the second space (E). The seventh note is on the second line (D) with a '3' above it.

A musical staff in bass clef with a 15/8 time signature. It contains seven notes. The first note is on the second line (D) with a '1' above it and 'E' below it. The second note is on the second space (E) with a '4' above it and 'E' below it. The third note is on the second line (D). The fourth note is on the second space (E). The fifth note is on the second line (D) with a '4' above it. The sixth note is on the second space (E) with a '4' above it. The seventh note is on the second line (D) with a '4' above it.

A musical staff in bass clef with a 15/8 time signature. It contains seven notes: D, E, E, D, E, D, E. No fingerings or letter names are present on this staff.

Fourth Grade Violin/Viola Practice Checklist

Lesson 14

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Play A Pentascale page 22 #61
- 4) Learn G Pentascale page 28 #81
- 5) Learn Eighth Notes page 24 #66 & 68
- 6) Review Impulse mm. 1-8
- 7) Learn Impulse mm. 9-16

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!	Instrument OUT
Back Straight!	Instrument slides to LEFT
Sloppy Back!	Scroll turns DOWN
Back Straight!	Button up to the ear
Rest Position!	Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 22 #61 "Pentascale #2"
- 3) Play page 28 #81 "Pentascale #3"
- 4) Review "Impulse" mm. 1-8
- 5) Learn "Impulse" mm. 9-16

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

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Parent Initials: _____



Name _____

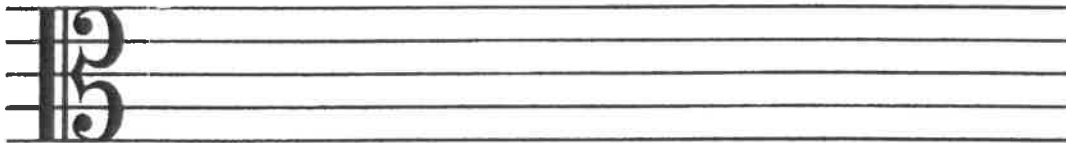
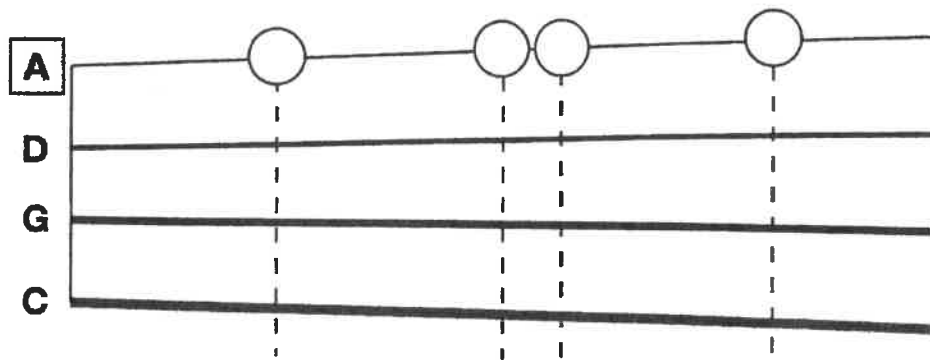
Orchestra/Period _____

Date _____

Finger Pattern for the A String—Viola

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Violin/Viola Practice Checklist

Lesson 15

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale page 28 #81
- 3) Learn D Major Scale page 31 #89
- 4) Review Impulse mm. 1-16
- 5) Learn Impulse mm. 17-24
- 6) Learn Dragon's Den mm. 1-8

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on**
 shoulder/jaw on chinrest!

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Learn D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-16
- 4) Learn "Impulse" mm. 17-24
- 5) Learn "Dragon's Den" mm. 1-8

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Words with Notes 2

Name: _____ Instrument: _____

Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D and A String notes. See how long a word you can make!

B E E

A G E

B A G

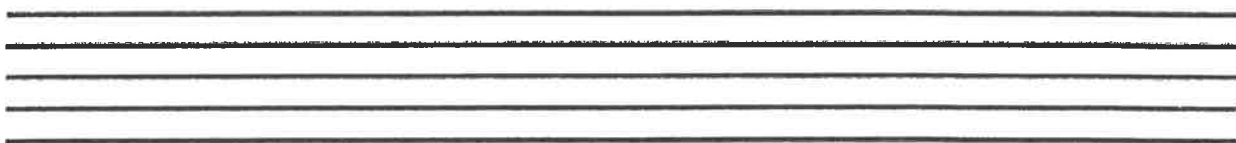
A C E



F A D E

B E E F

C A B B A G E



Invent your own D and A String Note word!



Fourth Grade Violin/Viola Practice Checklist

Lesson 16

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-24
- 5) Learn Impulse mm. 25-32
- 6) Review Dragon's Den mm. 1-8
- 7) Learn Dragon's Den mm. 9-16

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on shoulder/jaw on chinrest**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with-bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-24
- 4) Learn "Impulse" mm. 25-32
- 5) Review "Dragon's Den" mm. 1-8
- 6) Learn "Dragon's Den" mm. 9-16

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

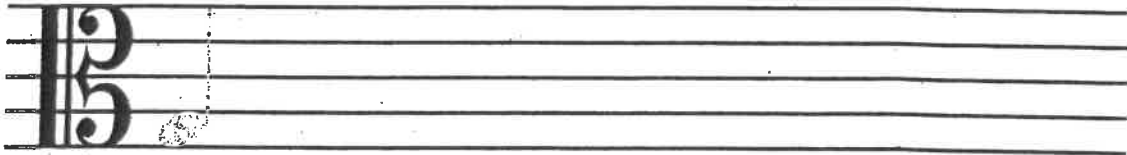
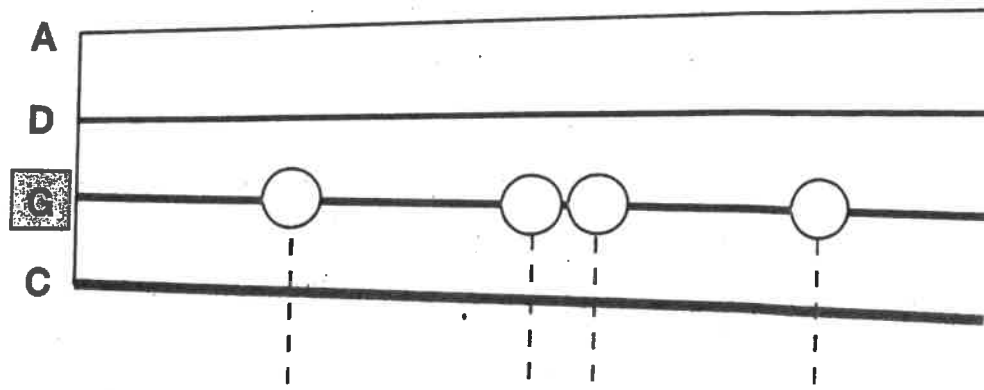


Name _____
Orchestra/Period _____
Date _____

2-3 Finger Pattern on the G String—Viola

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Violin/Viola Practice Checklist

Lesson 17

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-32
- 5) Learn Impulse mm. 33-40
- 6) Review Dragon's Den mm. 1-16
- 7) Learn Dragon's Den mm. 17-20

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on shoulder/jaw on chinrest!**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

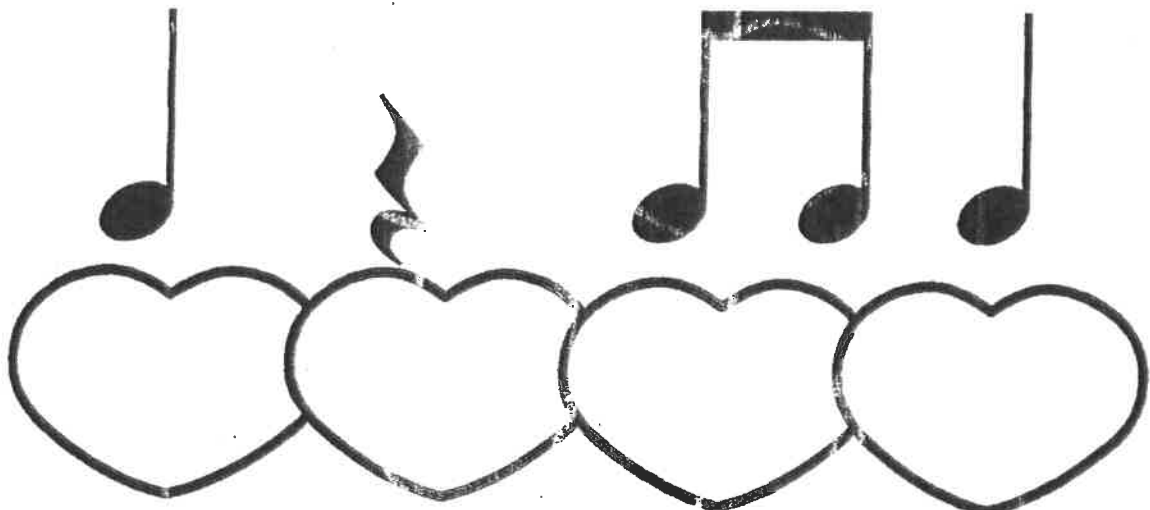
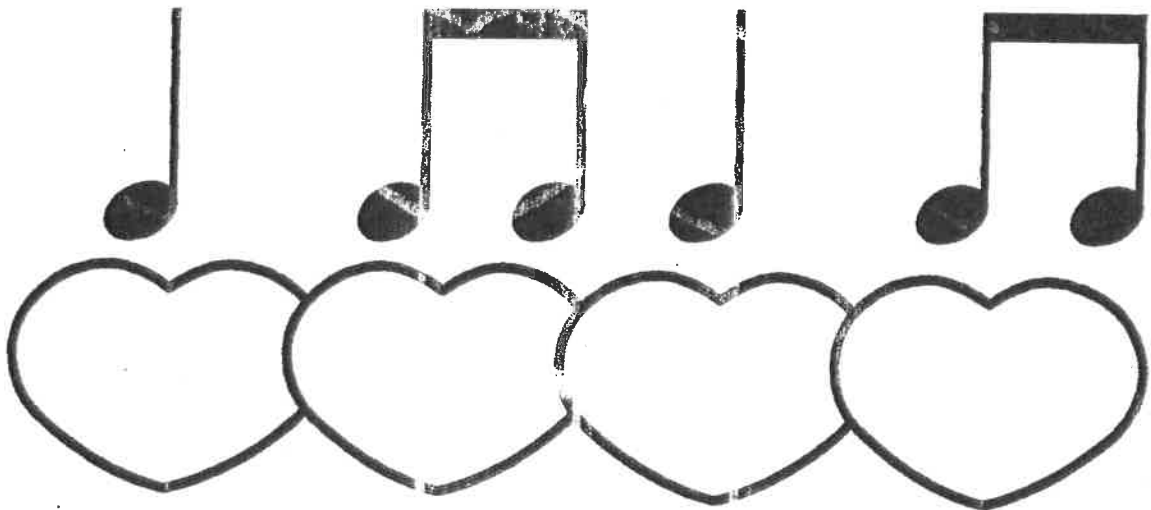
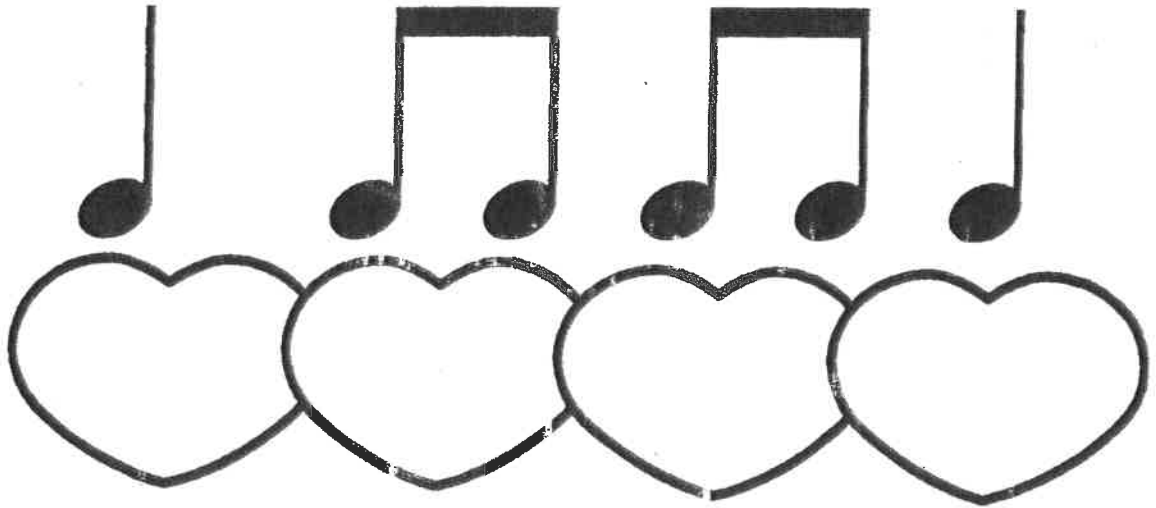
- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-32
- 4) Learn "Impulse" mm. 33-40
- 5) Review "Dragon's Den" mm. 1-16
- 6) Learn "Dragon's Den" mm. 17-20

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Write the counting inside the heartbeats:



Fourth Grade Violin/Viola Practice Checklist

Lesson 18

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-40
- 5) Learn Impulse mm. 41-end
- 6) Review Dragon's Den mm. 1-20
- 7) Learn Dragon's Den mm. 21-end

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-40
- 4) Learn "Impulse" mm. 41-end
- 5) Review "Dragon's Den" mm. 1-20
- 6) Learn "Dragon's Den" mm. 21-end

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Additional Games

Note Values

Instructions:

Fill in the blanks using the following information as a guide:

In $\frac{4}{4}$ and $\frac{2}{4}$ time:

Quarter note = 1 beat

Eighth note = 1/2 beat

1. There are _____ eighth notes in one quarter note.
2. There are _____ quarter notes in six eighth notes.
3. There are _____ eighth notes in two quarter notes.
4. Three quarter notes equal _____ eighth notes.
5. Four eighth notes equal _____ beats.
6. Three eighth notes equal _____ beats.

Fourth Grade Violin/Viola Practice Checklist

Lesson 19

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse ALL
- 5) Review Dragon's Den ALL

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on shoulder/jaw on chinrest!**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" ALL
- 4) Review "Dragon's Den" ALL

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

IMPULSE

BRIAN BALMAGES
(ASCAP)

Driving and spirited (♩ = 144)

The musical score is written for Viola in 2/4 time. It begins with a forte (f) dynamic. The tempo is marked as 'Driving and spirited' with a quarter note equal to 144 beats per minute. The score consists of eight staves of music. Measure numbers 7 through 48 are indicated below the staves. Boxed measure numbers 9, 17, 21, 25, 33, and 41 are placed above the staves. Dynamic markings include 'f' and 'V' (vibrato). The music features eighth and sixteenth notes, with various articulations like accents and slurs.

Viola

Dragon's Den

Hannah Yang

1 *mf*

5 *mf*

9 *p*

13 *mp* *mf* *f* To Coda

17 *p* *mp* *mf* *f*

21 *p* *mp* *mf* DC al Coda

25 *f* Coda *ff*

Fourth Grade Violin/Viola Practice Checklist

Lesson 20

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Learn Double Stops page 25 #71
- 5) Learn C-naturals page 42 #133-135
- 6) Learn "Good News Blues" mm. 1-4

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!	Instrument OUT
Back Straight!	Instrument slides to LEFT
Sloppy Back!	Scroll turns DOWN
Back Straight!	Button up to the ear
Rest Position!	Instrument rests on shoulder/jaw on chinrest!

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascle #3"
- 2) Play D Major Scale page 31 #89
- 3) Play page 25 #72 "Lowdown Hoedown"
- 4) Play C-natural page 42 #136 and 137
- 5) Learn "Good News Blues" mm. 1-4

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

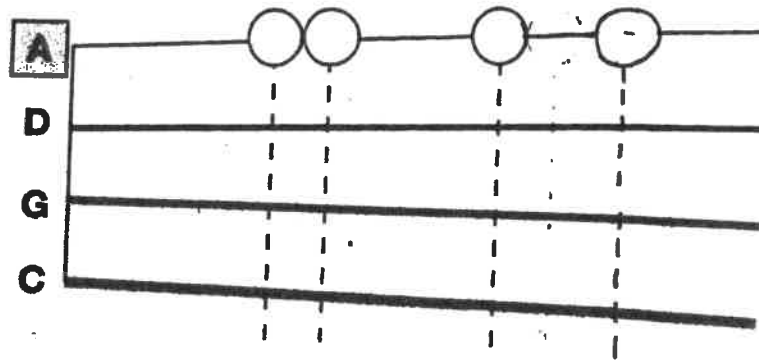
Orchestra/Period _____

Date _____

Relate the A String Chromatic Notes/Fingerings to the Piano Keyboard—Viola

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Violin/Viola Practice Checklist

Lesson 21

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review pg. 25 #71 & pg. 42 #137
- 5) Learn Staccatos pg. 38 #119
- 6) Review "Good News Blues" mm. 1-4
- 7) Learn "Good News Blues" mm. 5-12
- 8) Learn "Lackawanna Locomotive" mm. 1-12

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat! **Instrument OUT**
Back Straight! **Instrument slides to LEFT**
Sloppy Back! **Scroll turns DOWN**
Back Straight! **Button up to the ear**
Rest Position! **Instrument rests on**
 shoulder/jaw on chinrest!

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Play page 38 #119 "Taco Staccato"
- 4) Review "Good News Blues" mm. 1-4
- 5) Learn "Good News Blues" mm. 5-12
- 6) Learn "Lackawanna Locomotive" mm. 1-12

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Name: _____

Date: _____

Creative Expression

Composition Part 1

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create a rhythm four measures long by using quarter notes, eighth notes, and quarter rests.
- Count and play your Rhythm!

Fourth Grade Violin/Viola Practice Checklist

Lesson 22

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review pg. 38 #119
- 6) Review "Good News Blues" mm. 1-12
- 7) Learn "Good News Blues" mm. 13-20
- 8) Review "Lackawanna Locomotive" mm. 1-12
- 9) Learn "Lackawanna Locomotive" mm. 13-24

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-12
- 4) Learn "Good News Blues" mm. 13-20
- 5) Review "Lackawanna Locomotive" mm. 1-12
- 6) Learn "Lackawanna Locomotive" mm. 13-24

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

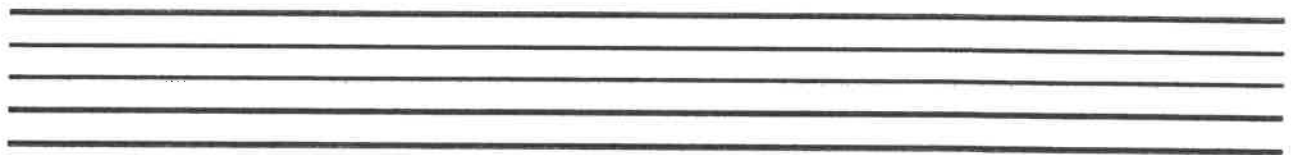
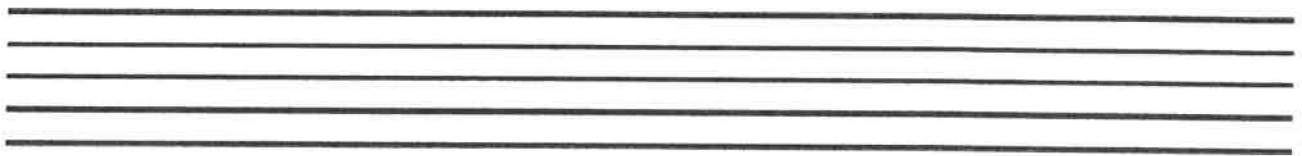
Name: _____

Date: _____

Creative Expression

Composition Part 2

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding A pentascale pitches (A, B, C#, D, E) to the rhythm you created in Composition Part 1.
- Play your A scale song!



Fourth Grade Violin/Viola Practice Checklist

Lesson 23

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-20
- 6) Learn "Good News Blues" mm. 21-24
- 7) Review "Lackawanna Locomotive" mm. 1-24
- 8) Learn "Lackawanna Locomotive" mm. 25-32

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

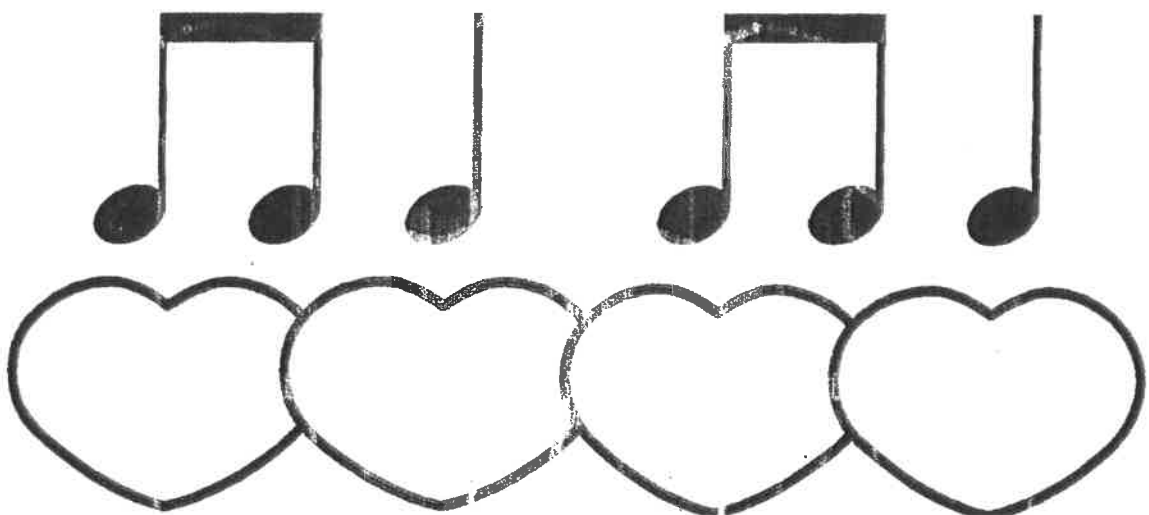
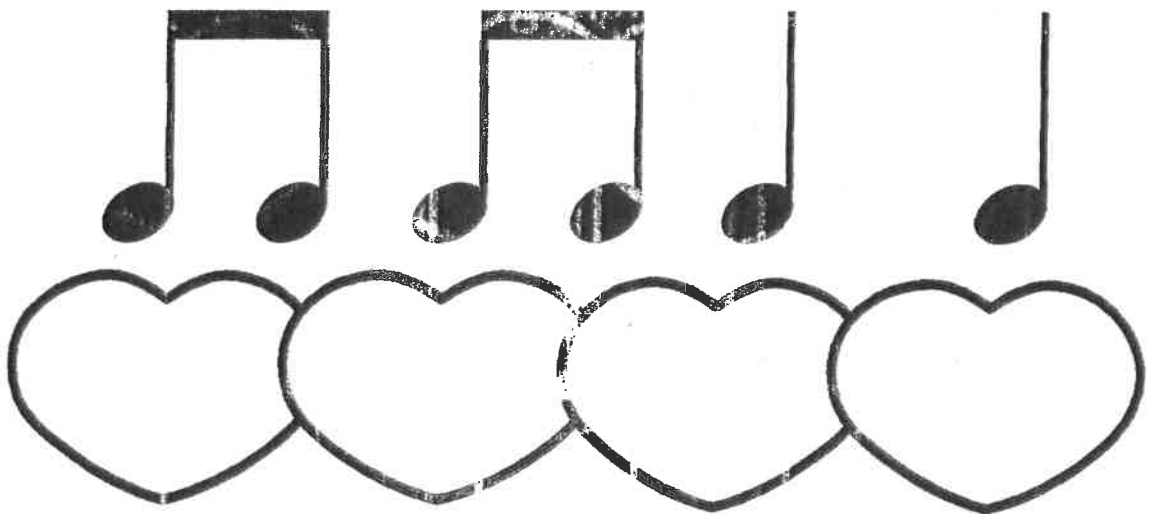
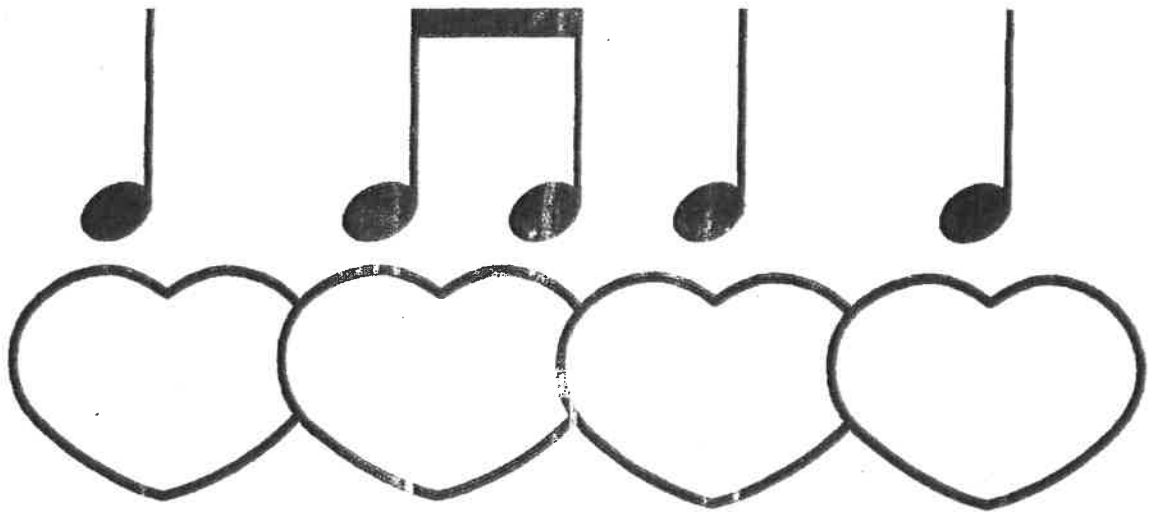
- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-20
- 4) Learn "Good News Blues" mm. 21-24
- 5) Review "Lackawanna Locomotive" mm. 1-24
- 6) Learn "Lackawanna Locomotive" mm. 25-32

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Write the counting inside the heartbeats:



Fourth Grade Violin/Viola Practice Checklist

Lesson 24

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-24
- 6) Learn "Good News Blues" mm. 25-32
- 7) Review "Lackawanna Locomotive" mm. 1-32
- 8) Learn "Lackawanna Locomotive" mm. 33-40

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Instrument OUT

Instrument slides to LEFT

Scroll turns DOWN

Button up to the ear

Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-24
- 4) Learn "Good News Blues" mm. 25-32
- 5) Review "Lackawanna Locomotive" mm. 1-32
- 6) Learn "Lackawanna Locomotive" mm. 33-40

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Additional Games

Note Values

Instructions:

Fill in the blanks using the following information as a guide:

In $\frac{1}{4}$ and $\frac{2}{4}$ time:

Quarter note = 1 beat

Eighth note = $\frac{1}{2}$ beat

1. There are _____ eighth notes in one quarter note.
2. Two quarter notes equal _____ eighth notes.
3. There are _____ eighth notes in four quarter notes.
4. Three quarter notes equal _____ eighth notes.
5. Four eighth notes equal _____ beats.
6. Three eighth notes equal _____ beats.

Fourth Grade Violin/Viola Practice Checklist

Lesson 25

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-32
- 6) Learn "Good News Blues" mm. 33-end
- 7) Review "Lackawanna Locomotive" mm. 1-40
- 8) Learn "Lackawanna Locomotive" mm. 41-end

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
 - 2) Don't forget to take out your shoulder rest before your instrument
 - 3) Rest instrument on side and put on shoulder rest
 - 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done
- Don't forget your chants to get ready to play!*
- | | |
|-----------------------|---|
| Feet flat! | Instrument OUT |
| Back Straight! | Instrument slides to LEFT |
| Sloppy Back! | Scroll turns DOWN |
| Back Straight! | Button up to the ear |
| Rest Position! | Instrument rests on shoulder/jaw on chinrest |

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-32
- 4) Learn "Good News Blues" mm. 33-end
- 5) Review "Lackawanna Locomotive" mm. 1-40
- 6) Learn "Lackawanna Locomotive" mm. 41-end

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Rhythm Line #1

Instructions:

Write the subdivided counting under the notes.

1 + 2 + 3 + 4 +

Fourth Grade Violin/Viola Practice Checklist

Lesson 26

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" ALL
- 6) Review "Lackawanna Locomotive" ALL

Getting Ready to Play

- 1) Remember to take out instrument with case flat on the floor
- 2) Don't forget to take out your shoulder rest before your instrument
- 3) Rest instrument on side and put on shoulder rest
- 4) Hold instrument by LEFT shoulder and rest on LEFT knee when done

Don't forget your chants to get ready to play!

Feet flat!	Instrument OUT
Back Straight!	Instrument slides to LEFT
Sloppy Back!	Scroll turns DOWN
Back Straight!	Button up to the ear
Rest Position!	Instrument rests on shoulder/jaw on chinrest

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Lift right arm up and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your elbow below your wrist and wrist slightly bent before a down bow
- 6) Straighten elbow and bend wrist in other direction before starting up bow
- 7) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" ALL
- 4) Review "Lackawanna Locomotive" ALL

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____
Orchestra/Period _____
Date _____

First Semester Orchestra Review

I. Fill in the blanks. Use each tool/term only once.

music staff
scale
bar line

repeat sign
double stop
clef sign

ledger lines
arco

bow lift
sharp sign

measure
arpeggio

time signature

pizzicato
key signature

double bar
pentascale

1. _____ allow us to play notes above and below the staff.
2. The _____ indicates the end of a piece.
3. The _____ has five lines and four spaces.
4. A _____ has two lines and two dots and means to perform a section or the composition again.
5. A comma is the sign for a _____.
6. _____ means to play with the bow.
7. A _____ separates the staff into measures.
8. A _____ raises the pitch one half step.
9. _____ means to pluck the string.
11. A _____ is placed at the beginning of the staff to denote the pitch of one of the lines.
14. When music moves in ascending or descending order, it is called a _____.
15. The space between two bar lines is called a _____.
17. A _____ has five notes moving in ascending or descending order.
18. When you play two notes at the same time it is called a _____.
19. The _____ tells us how many beats are in a measure.
21. When you play the notes of a chord one at a time, it is called an _____.
23. The _____ tells us which notes to play sharp or flat.

Lackawanna Locomotive

DORIS GAZDA

Allegro $\text{♩} = 104$

The musical score is written for Viola in 4/4 time with a key signature of one sharp (F#). It consists of 48 measures, divided into 10 systems of 5 measures each. The score includes various musical notations such as dynamics (e.g., *f*), articulation (accents, slurs), and performance markings (e.g., *rit.*, *v.*). Measure numbers 1 through 48 are printed below the staff lines. Boxed measure numbers 5, 13, 21, 25, 33, and 45 are placed at the beginning of their respective systems. The piece concludes with a final double bar line at measure 48.

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Viola

Good News Blues

CARL STROMMEN

Edited by Amy Rosen

Bluesy, swing style $\text{♩} = 104$

BAS33

1 *mf* 2 3 4 5

6 7 8 9 10

11 12 13 14 15

16 17 18 19 20

21 22 23 24 25

26 27 28 29 30

31 32 33 34 35 4

36 37 38 39

mp *mf* *mp* *mf* *mp*

40 41 *mp* *mf* 42 43

44 45 46 47 48

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