

Fourth Grade Bass Practice Checklist

Lesson 1

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduction
- 2) Unpacking your Bass
- 3) Parts of the Bass
- 4) Rest Position Set-Up
- 5) Rest Position to Playing Position
- 6) Pizzicato the "A" String
- 7) Smile and Take a Bow!

Unpacking Your Bass (HW)

- 1) Stand with case on **RIGHT** side with *small side in the front*
- 2) Undo big and small zippers
- 3) Grab neck of bass with **RIGHT** hand and take case off with **LEFT** hand
- 4) Put case on **RIGHT** side of body
- 5) Rest bass back on the floor on its side
- 6) Loosen screw, pull out end pin, and tighten screw
- 7) Stand upright with bass diagonally to the **LEFT** and in front of you, and hold onto **NECK** with **LEFT** hand one arms distance away

Rest to Playing Position (HW)

Say the following chant to get your body set up for

Rest position:

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Say the following numbers out-loud and do the step listed next to the number:

- 1) **Step LEFT** foot away from right with **LEFT** foot turned out
- 2) **RIGHT SIDE** of Bass in towards body
- 3) **LEFT HAND** out
- 4) **Bend LEFT ARM** at the elbow
- 5) **Grab LEFT** shoulder of the bass with your **LEFT HAND**

Pizzicato Songs (HW)

- 1) Perform steps from Rest Position to Playing Position
- 2) Put out **RIGHT** hand and make a stop sign
- 3) Turn **RIGHT** hand into a letter "L"
- 4) Anchor **RIGHT** thumb on the corner of your fingerboard
- 5) Find the "A" string
- 6) Pluck the "A" string with a steady beat
- 7) Pluck the "A" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

- 1) Make sure you're in Rest Position
- 2) Put your **LEFT HAND** on the neck and **RIGHT HAND** in the C bout
- 3) Move bass to the **LEFT** of your body
- 4) Stand Up with Feet and Toes Together
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

Orchestra/Period _____

Date _____

STRING BASS

Instrument Parts



Fourth Grade Bass Practice Checklist

Lesson 2

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review how to unpack your Instrument
- 2) Review parts of the Instrument
- 3) Review Rest Position Set-Up
- 4) Review Rest Position to Playing Position
- 5) Review how to pizzicato the "A" String
- 6) Learn how to pizzicato the "D" String
- 7) Smile and Take a Bow!

Unpacking Your Bass (HW)

- 1) Stand with case on RIGHT side with *small side in the front*
- 2) Undo big and small zippers
- 3) Grab neck of bass with RIGHT hand and take case off with LEFT hand
- 4) Put case on RIGHT side of body
- 5) Rest bass back on the floor on its side
- 6) Loosen screw, pull out end pin, and tighten screw
- 7) Stand upright with bass diagonally to the LEFT and in front of you, and hold onto NECK with LEFT hand one arms distance away

Rest to Playing Position (HW)

Say the following chant to get your body set up for

Rest position:

Feet flat!
Back Straight!
Sloppy Back!
Back Straight!
Rest Position!

Say the following numbers out-loud and do the step listed next to the number:

- 1) **Step LEFT foot away from right with LEFT foot turned out**
- 2) **RIGHT SIDE of Bass in towards body**
- 3) **LEFT HAND out**
- 4) **Bend LEFT ARM at the elbow**
- 5) **Grab LEFT shoulder of the bass with your LEFT HAND**

Pizzicato Songs (HW)

- 1) Perform steps from Rest Position to Playing Position
- 2) Put out RIGHT hand and make a stop sign
- 3) Turn RIGHT hand into a letter "L"
- 4) Anchor RIGHT thumb on the corner of your fingerboard
- 5) Find the "D" string
- 6) Pluck the "D" string with a steady beat
- 7) Pluck the "D" string along with Track 3 on the CD

Smile and Take A Bow! (HW)

- 1) Make sure you're in Rest Position
- 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout
- 3) Move bass to the LEFT of your body
- 4) Stand Up with Feet and Toes Together
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

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CARE OF INSTRUMENT QUIZ

Circle the correct word:

Always/sometimes/never wash your hands before handling the instrument

What are the fragile parts of the instrument, or the parts you should not touch?

1. _____
2. _____
3. _____

True or False

This instrument is strong and not easily broken or damaged

Who should be allowed to play your instrument?

- a) Older siblings b) Grandparents c) You d) A, B, and C

Circle the correct word:

When you are not playing your instrument, store it in the refrigerator/case/drawer

Where should you leave your instrument? (circle all that apply)

- a) In your hot/cold car b) Outside in the snow/rain
c) Inside your house d) Next to the heater

Who should be allowed to fix your instrument?

- a) Your strings teacher b) Your parents c) The doctor

Circle the correct word:

Always/sometimes/never take off your shoulder rest / put away your end pin before putting the instrument away

Fourth Grade Bass Practice Checklist

Lesson 3

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Review how to pizzicato the "D" String
- 3) Learn about the parts of the bow
- 4) Learn how to set-up bow hold on a pencil
- 5) Smile and Take A Bow!

Getting Ready to Play (HW)

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Step LEFT foot OUT

RIGHT SIDE Bass into body

LEFT HAND out

Bend LEFT ARM at elbow

Grab left shoulder of

Bass with LEFT HAND

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold PENCIL ERASER with LEFT HAND and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Smile and Take A Bow!

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Move bass to the LEFT of your body | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Stand Up with Feet and Toes Together | |

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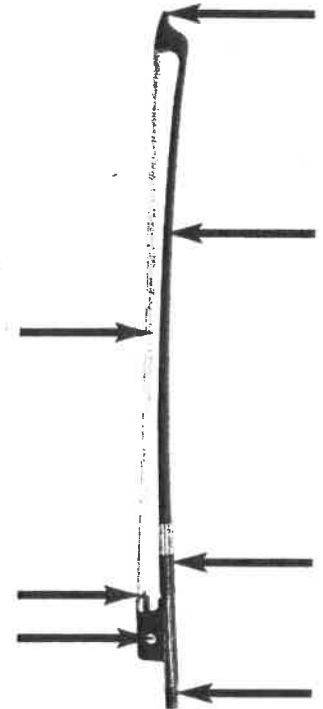
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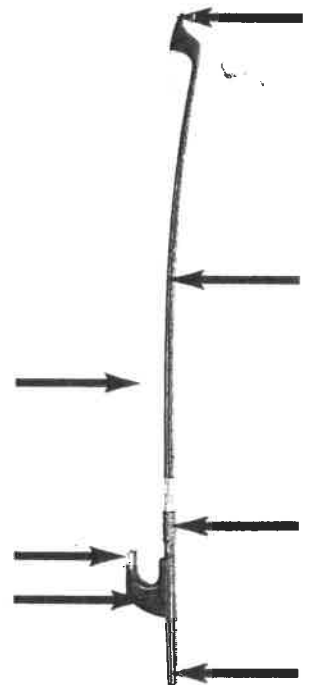
Name _____
Orchestra/Period _____
Date _____

STRING BASS

Instrument Parts



FRENCH BOW



GERMAN BOW

Fourth Grade Bass Practice Checklist

Lesson 4

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Learn how to read "A" and "D" on the music staff
- 3) Play page 8 #4 and #5
- 4) Review the parts of the bow
- 5) Review how to set-up bow hold on a pencil
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!	Step LEFT foot OUT
Back Straight!	RIGHT SIDE Bass into body
Sloppy Back!	LEFT HAND out
Back Straight!	Bend LEFT ARM at elbow
Rest Position!	Grab left shoulder of Bass with LEFT HAND

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold PENCIL ERASER with LEFT HAND and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) Play the "Bow Motion Game" on page 7 when your bow hold is set-up

Orchestra Expressions Page 8 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #6 "Two String Salsa"
- 8) Play #7 "Les Toreadors"

Smile and Take A Bow!

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Move bass to the LEFT of your body | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Stand Up with Feet and Toes Together | |

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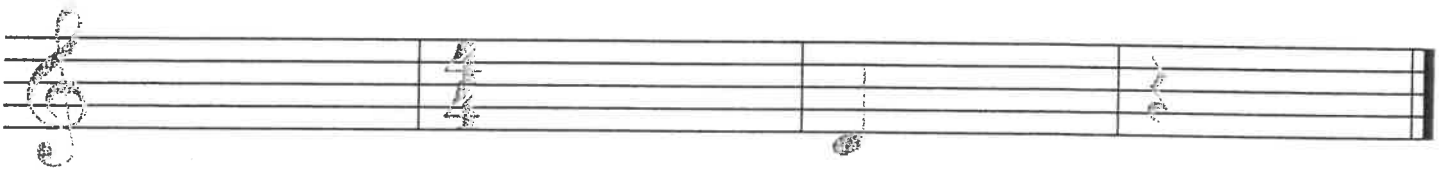
I play the (circle one): Violin Viola Cello String Bass

CREATIVE EXPRESSION: Notating Creative Tools of Music

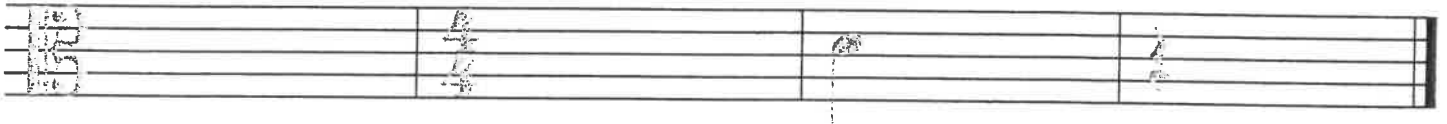
Instructions:

- Identify the line for your instrument. Trace the first symbol and draw three more in each measure.
- You may complete the other lines for extra credit.
- After your teacher reviews and returns your completed worksheet, place it in your portfolio.

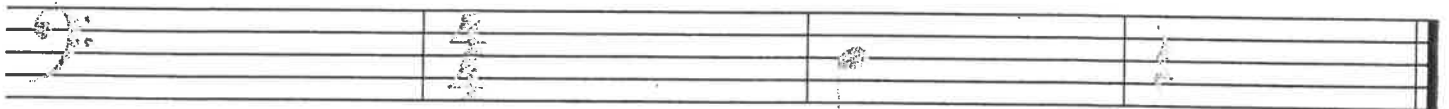
Violin



Viola



Cello and String Bass



Fourth Grade Bass Practice Checklist

Lesson 5

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review steps to get ready to play your instrument
- 2) Review pg. 8 #7 Les Toreadors
- 3) Play page 10 #9 and 10
- 4) Review how to set-up bow hold on a pencil
- 5) Learn how to bow pencil on arm page 11 #13
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Bow-Hold on Pencil (pg 7) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold PENCIL ERASER with LEFT HAND and pencil point facing your right hand
- 3) Mom (pointer) hangs over and lounges in the pool
- 4) Teenage siblings (Middle and Ring) hang over but only dip feet in the pool
- 5) Baby (Pinky) rests on top and sits next to the pool
- 6) You (Thumb) swim underwater to scare the teenage siblings
- 7) "Bow" using pencil and Rhythms #13 and #14 on page 11

Orchestra Expressions Page 10 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #11 "Three Point Shot"
- 8) Play #12 "Mix 'em Up"

Smile and Take A Bow!

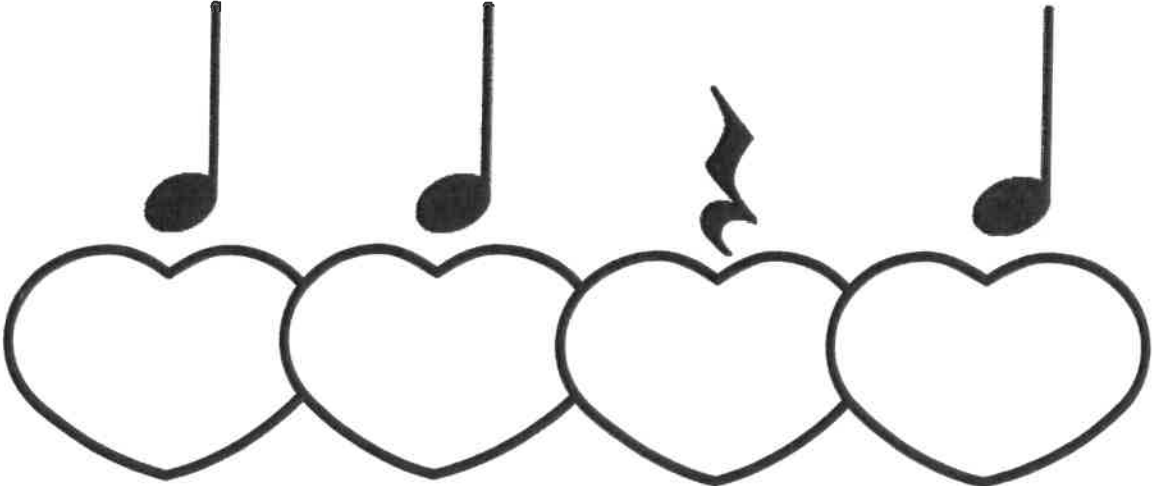
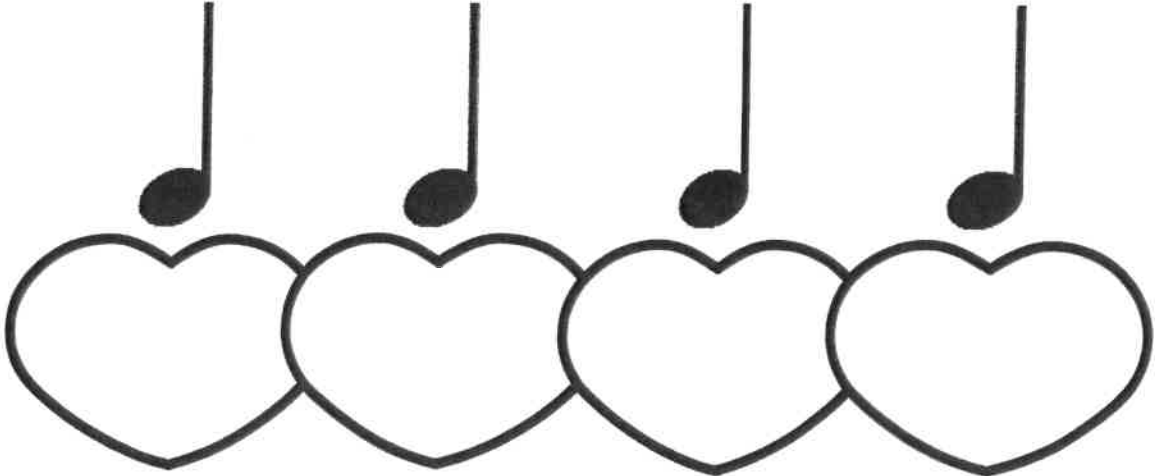
- 1) Make sure you're in Rest Position
- 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout
- 3) Move bass to the LEFT of your body
- 4) Stand Up with Feet and Toes Together
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

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Write the counting inside the heartbeats:



Fourth Grade Bass Practice Checklist

Lesson 6

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 10 #12 Mix 'em Up
- 2) Learn "A" and "G" on the D String
- 3) Play page 12 #17 and #18
- 4) Learn how to set-up bow hold on bow
- 5) Learn how to use bow tube with page 11 #13 and #14
- 6) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!
Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Bow-Hold on Bow (pg 11) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #13 and #14 using bow and bow tube

Orchestra Expressions Page 12 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #19 "Pumping Iron #1"
- 8) Play #20 "Pumping Iron #2"

Smile and Take A Bow!

- 1) Make sure you're in Rest Position
- 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout
- 3) Move bass to the LEFT of your body
- 4) Stand Up with Feet and Toes Together
- 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?"
- 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!"
- 7) Pack up your instrument in the reverse order you unpacked it

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Name: _____

Date: _____

Creative Expression

Composition Part 1

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign. Use Unit 4 page 11 in your book to help you!
- Create a rhythm four measures long by using quarter notes and quarter rests.
- Count and play your Rhythm!

Fourth Grade Bass Practice Checklist

Lesson 7

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 12 #20 Pumping Iron #2
- 2) Learn "F#" and "E" on the D String
- 3) Play page 14 #24 and #25
- 4) Review how to set-up bow hold on bow
- 5) Review how to use bow tube with page 11 #14
- 6) Learn page 11 #15 and #16
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!	Step LEFT foot OUT
Back Straight!	RIGHT SIDE Bass into body
Sloppy Back!	LEFT HAND out
Back Straight!	Bend LEFT ARM at elbow
Rest Position!	Grab left shoulder of Bass with LEFT HAND

Bow-Hold on Bow (pg 11) (HW)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog
- 7) Bow Rhythms #15 and #16 using bow and bow tube

Orchestra Expressions Page 14 (HW)

- 1) **Before playing your songs, read through the music saying the RHYTHMS and NOTE NAMES**
- 2) Perform steps from Rest Position to Playing Position
- 3) Rest LEFT HAND on left shoulder of instrument
- 4) Put out RIGHT hand and make a stop sign
- 5) Turn RIGHT hand into a letter "L"
- 6) Anchor RIGHT thumb on the corner of your fingerboard
- 7) Play #26 "Shuffle back and Forth"

Smile and Take A Bow!

- | | |
|--|--|
| 1) Make sure you're in Rest Position | 5) Bend over slowly and while you silently say to yourself "Did I tie my shoes?" |
| 2) Put your LEFT HAND on the neck and RIGHT HAND in the C bout | 6) Stand up slowly and while you silently say to yourself "Yes I tied my shoes!" |
| 3) Move bass to the LEFT of your body | 7) Pack up your instrument in the reverse order you unpacked it |
| 4) Stand Up with Feet and Toes Together | |

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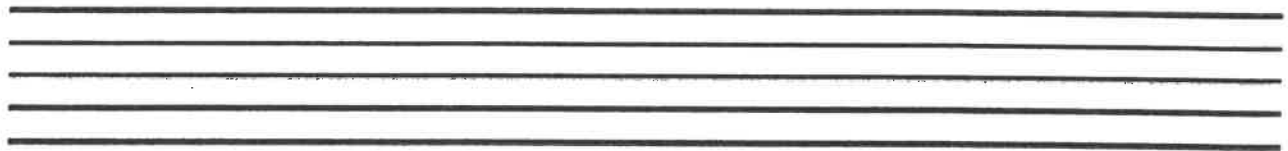
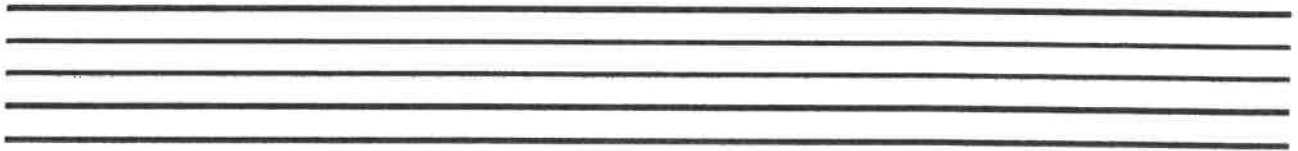
Name: _____

Date: _____

Creative Expression

Composition Part 2

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding open string pitches (G, D, A) to the rhythm you created in Composition Part 1.
- Play your Open String Song!



Fourth Grade Bass Practice Checklist

Lesson 8

- Students should try to practice **10-15 minutes** every day for at least 6 days a week

- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 14 #26
- 2) Learn page 14 #27 "Mary Lee"
- 3) Review how to set-up bow hold on bow
- 4) Learn how to use bow on instrument
- 5) Learn A, D, and G String levels
- 6) Learn page 13 #21-23
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

Orchestra Expressions Page 14 (HW)

- 1) **Before playing your songs, read the music saying the RHYTHMS and NOTE NAMES**
- 2) **If songs are long do only two measures at a time**
- 3) Perform steps from Rest Position to Playing Position
- 4) Rest LEFT HAND on left shoulder of instrument
- 5) Put out RIGHT hand and make a stop sign
- 6) Turn RIGHT hand into a letter "L"
- 7) Anchor RIGHT thumb on the corner of your fingerboard
- 8) Play #27 "Mary Lee"

Bowing on your Instrument! (page 13 #21-23) (HW)

- | | |
|--|---|
| 1) Set up your bow hold using notes above | 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge |
| 2) Put right arm straight out in front of you with bow tip facing up | 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow |
| 3) Lift right arm up and gently rest bow on one string at the frog | |

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Name _____

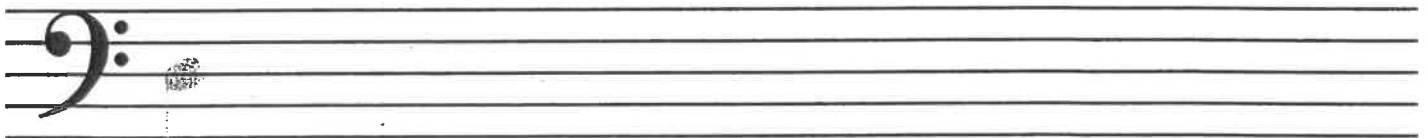
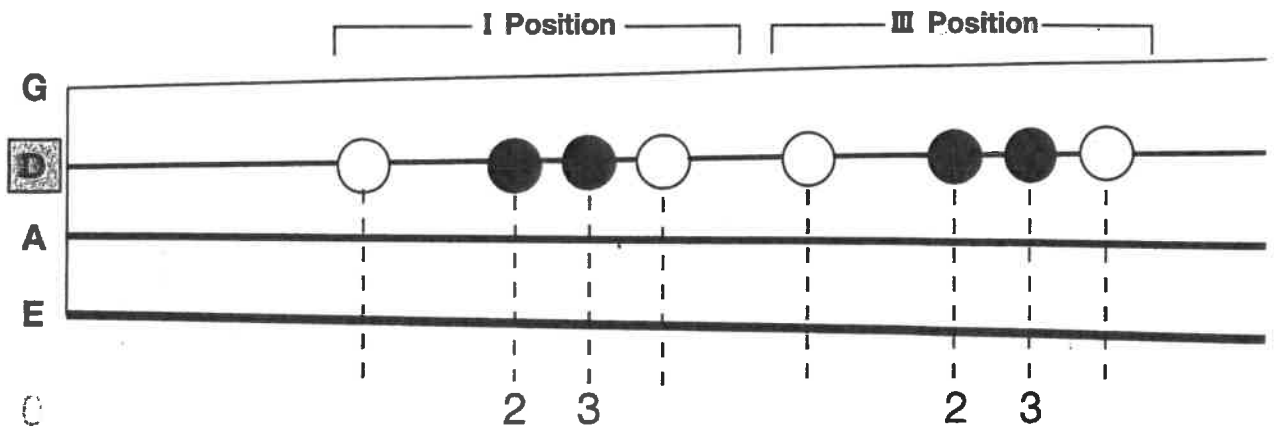
Orchestra/Period _____

Date _____

Finger Pattern for the D String—String Bass

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Bass Practice Checklist

Lesson 9

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review page 14 #27 "Mary Lee"
- 2) Learn about skips page 16 #33 and 34
- 3) Learn Au Clair de la Lune (on handout)
- 4) Review how to set-up bow hold on bow
- 5) Review how to use bow on instrument
- 6) Learn about String Crossings
- 7) Learn page 15 #28 and #29
- 8) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

- | | |
|-----------------------|--|
| Feet flat! | Step LEFT foot OUT |
| Back Straight! | RIGHT SIDE Bass into body |
| Sloppy Back! | LEFT HAND out |
| Back Straight! | Bend LEFT ARM at elbow |
| Rest Position! | Grab left shoulder of Bass with LEFT HAND |

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- 8) Play Au Clair de la Lune (handout)

Bowing on your Instrument! (page 15 #30-32) (HW)

- | | |
|---|---|
| 1) Put right arm straight out in front of you with bow tip facing up | 4) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow |
| 2) Lift right arm up and gently rest bow on one string at the frog | 5) Make sure to move bow from shoulder before changing strings |
| 3) Make sure bow hair is flat and the bow is between the fingerboard and bridge | |

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

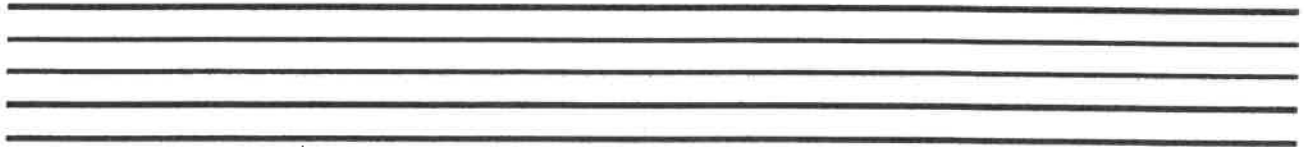
Name: _____

Date: _____

Creative Expression

Composition Part 3

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding D-string pitches (D, G, A) to the rhythm you created in Composition Part 1. Start and end on D.
- Play your D-String Song!



Fourth Grade Bass Practice Checklist

Lesson 10

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow
- 3) Review how to use bow on instrument
- 4) Learn how to combine bows and fingers
- 5) Learn page 18 #41 and #42
- 6) Learn about Bow Lifts
- 7) Learn page 17 #37
- 8) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Bow-Hold on Bow (pg 11)

- 1) Make a bunny face with your RIGHT HAND
- 2) Hold MIDDLE OF BOW with LEFT HAND and frog facing your right hand
- 3) Mom (pointer) hangs over the winding and lounges in the pool
- 4) Teenage siblings (Middle and Ring) sit on frog (Middle over hole/Ring over dot) and dip feet in the pool
- 5) Baby (Pinky) rests on top the frog and sits next to the pool
- 6) You (Thumb) swim underwater to sit on the stick between the winding & frog

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard
- 7) Play page 16 #35 "Safe at First"
- 8) Play Au Clair de la Lune (handout)

Bowing on your Instrument! (page 17 #37 and #38) (HW)

- 1) Put right arm straight out in front of you with bow tip facing up
- 2) Lift right arm up and gently rest bow on one string at the frog
- 3) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 4) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 5) Make sure to lift bow towards your music stand, up and back down

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

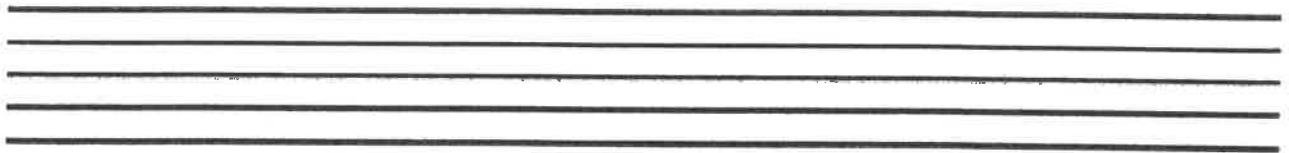
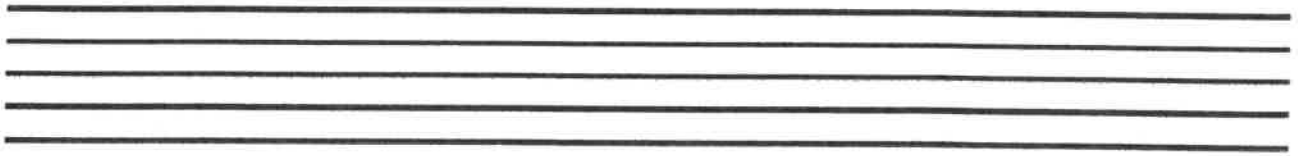
Name: _____

Date: _____

Creative Expression

Composition Part 4

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding D-string pitches (D, E, F#, G, A) to the rhythm you created in Composition Part 1. Start and end on D.
- Play your D-String Song!



Fourth Grade Bass Practice Checklist

Lesson II

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review Au Clair de la Lune (handout)
- 2) Review how to set-up bow hold on bow and use bow on instrument
- 3) Review how to combine bows and fingers
- 4) Review Bow Lifts
- 5) Learn D Pentascale pg. 19 #46
- 6) Learn Ode to Joy and Jingle Bells (handout)
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Step LEFT foot OUT

Back Straight!

RIGHT SIDE Bass into body

Sloppy Back!

LEFT HAND out

Back Straight!

Bend LEFT ARM at elbow

Rest Position!

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Au Clair de la Lune (handout)
- 3) Ode to Joy (handout)
- 4) Jingle Bells (handout)

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

Orchestra/Period _____

Date _____

“Bows 'n' Notes” (Notation Expression)—String Bass

Instructions:

- Place a bow lift symbol above each quarter rest.
- Mark the bowings above each note, observing the lift symbols.
- In the spaces below the line, write in the letter name of each note.
- Play “Bows 'n' Notes” shadow bowing and arco.



Winter Concert Music



Bass

FIRST SONG (DEEP BREATH, REST POSITION)

Starts on D (0 fingers on the D String)

Play 2 times, then pause, then play 1 more time



STAND AND BOW

SECOND SONG (DEEP BREATH, REST POSITION)

Starts on F# (4 fingers on the D String)



STAND AND BOW

THIRD SONG (DEEP BREATH, REST POSITION)

Starts on F# (4 fingers on the D String)



STAND AND BOW

YOU'RE ALL DONE!

Fourth Grade Bass Practice Checklist

Lesson 12

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Review how to set-up bow hold on bow
- 2) Review how to use bow on instrument
- 3) Play D Pentascale pg. 19 #46
- 4) Learn "E" and "D" on A String page 20 #49 and #50
- 5) Learn "C#" and "B" on A String page 21 #53 and #54
- 6) Learn Half Notes page 32 #94
- 7) Introduce Checklist

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 20 #51 "Pumping Iron #3"
- 3) Play page 20 #52 "Pumping Iron #4"
- 4) Play page 21 #55 "Back and Forth Shuffle"
- 5) Play page 21 #56 "Hip Hop Jumps"
- 6) Play page 32 #94 "Half Full" on a note of your choosing

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Words with Notes

Name: _____ Instrument: _____

Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D String notes. See how long a word you can make!

E G G

A G E

A D D

D E E D



F A D E

F E E D

D E A F



Invent your own D String Note word!



Fourth Grade Bass Practice Checklist

Lesson 13

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Review page 21 #56
- 4) Practice skips pg. 22 #57 & 61
- 5) Learn "D" & "C" on G String pg. 26 #74
- 6) Learn "B" and "A" on G String pg. 27 #77
- 7) Learn Impulse mm. 1-8

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto **NECK** with **LEFT HAND**

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide **LEFT HAND** down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your **LEFT HAND** one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with **RIGHT hand**, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Learn page 22 #59 "Speed Shift" and #61 "Pentascale #2"
- 3) Learn page 26 #75 "Pumping Iron #5" and #76 "Pumping Iron #6"
- 4) Learn page 27 #78 "Back and Forth on G" and #80 "Pole Vault"
- 5) Learn "Impulse" mm. 1-8

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

D Homework

Review the 2 different ways to play D (low and high octaves) on pages 14 and 20 in your Orchestra Expressions Book.

Label the LETTER NAME of each note below,
and then write the FINGERING on top:

A musical staff in bass clef showing a sequence of notes. The first note is on the first line (D) with a '0' above it and a 'D' below it. The second note is on the second space (D) with a '4' above it and a 'D' below it. The third note is on the second line (C), the fourth on the second space (D), the fifth on the third line (E), the sixth on the third space (F), the seventh on the fourth line (G), and the eighth on the fourth space (A). Each note has a vertical stem and a solid black dot representing the note head.

A musical staff in bass clef showing a sequence of notes. The first note is on the first line (D). The second note is on the second space (D), the third on the second line (C), the fourth on the second space (D), the fifth on the third line (E), the sixth on the third space (F), the seventh on the fourth line (G), and the eighth on the fourth space (A). Each note has a vertical stem and a solid black dot representing the note head.

Fourth Grade Bass Practice Checklist

Lesson 14

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play D Pentascale page 19 #46
- 3) Play A Pentascale page 22 #61
- 4) Learn G Pentascale page 28 #81
- 5) Learn Eighth Notes page 24 #66 & 68
- 6) Review Impulse mm. 1-8
- 7) Learn Impulse mm. 9-16

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Step LEFT foot OUT

RIGHT SIDE Bass into body

LEFT HAND out

Bend LEFT ARM at elbow

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 19 #46 "Pentascale #1"
- 2) Play page 22 #61 "Pentascale #2"
- 3) Play page 28 #81 "Pentascale #3"
- 4) Review "Impulse" mm. 1-8
- 5) Learn "Impulse" mm. 9-16

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

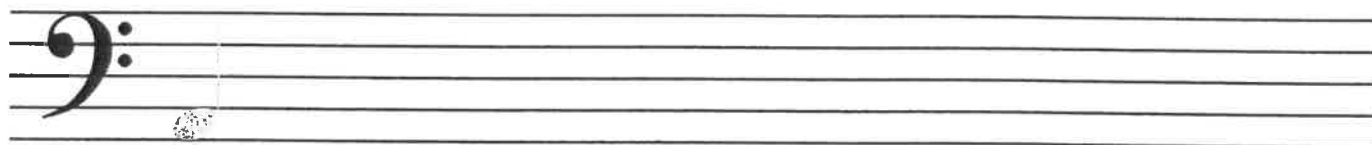
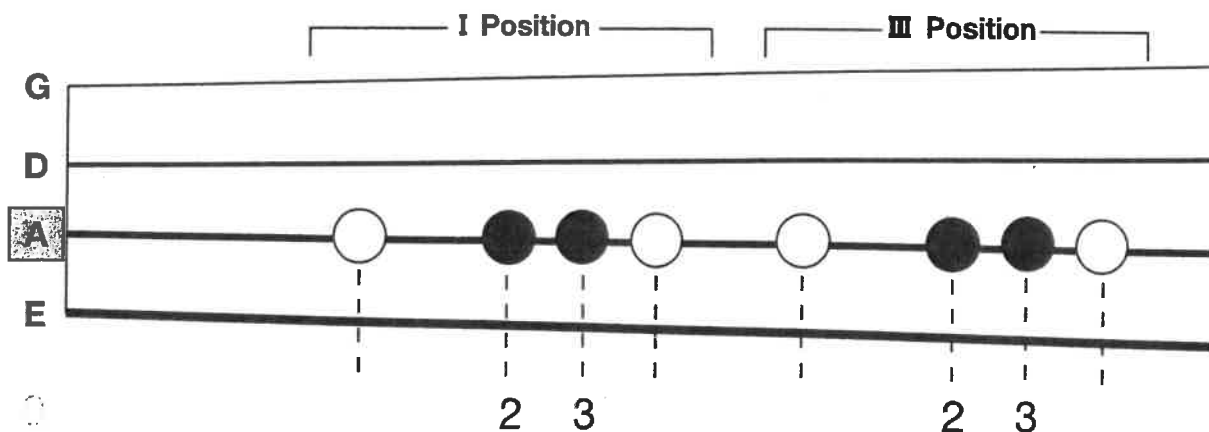
Orchestra/Period _____

Date _____

Finger Pattern for the A String—String Bass

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Bass Practice Checklist

Lesson 15

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale page 28 #81
- 3) Learn D Major Scale page 31 #89
- 4) Review Impulse mm. 1-16
- 5) Learn Impulse mm. 17-24
- 6) Learn Dragon's Den mm. 1-8

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Learn D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-16
- 4) Learn "Impulse" mm. 17-24
- 5) Learn "Dragon's Den" mm. 1-8

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Words with Notes 2

Name: _____ Instrument: _____

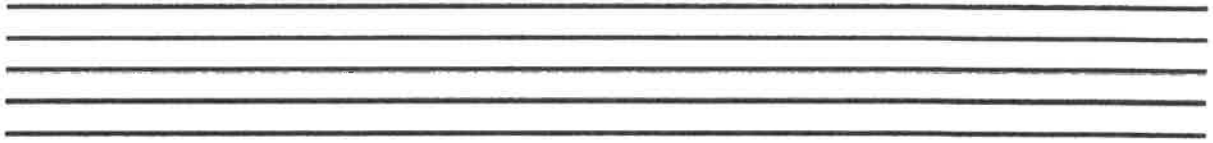
Directions: For each measure, fill in the notes that correspond to the word below. On the blank staff at the end, create your own example by thinking of a word you can spell with D and A String notes. See how long a word you can make!

B E E

A G E

B A G

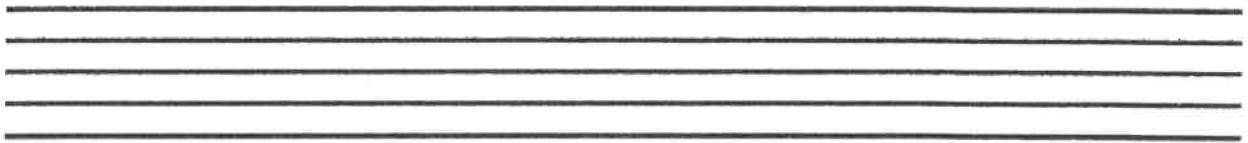
A C E



F A D E

B E E F

C A B B A G E



Invent your own D and A String Note word!



Fourth Grade Bass Practice Checklist

Lesson 16

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-24
- 5) Learn Impulse mm. 25-32
- 6) Review Dragon's Den mm. 1-8
- 7) Learn Dragon's Den mm. 9-16

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto **NECK** with **LEFT HAND**

Don't forget your chants to get ready to play!

Feet flat!

Step LEFT foot OUT

Back Straight!

RIGHT SIDE Bass into body

Sloppy Back!

LEFT HAND out

Back Straight!

Bend LEFT ARM at elbow

Rest Position!

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide **LEFT HAND** down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your **LEFT HAND** one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with **RIGHT** hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-24
- 4) Learn "Impulse" mm. 25-32
- 5) Review "Dragon's Den" mm. 1-8
- 6) Learn "Dragon's Den" mm. 9-16

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

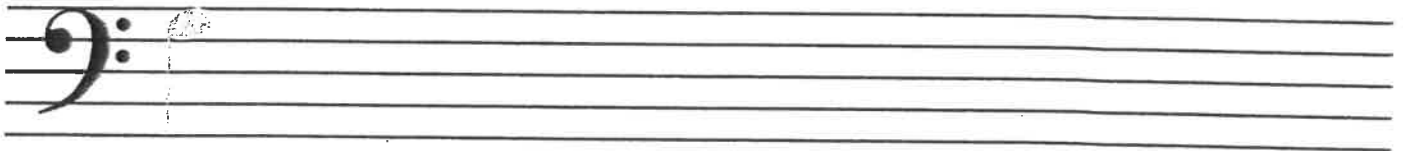
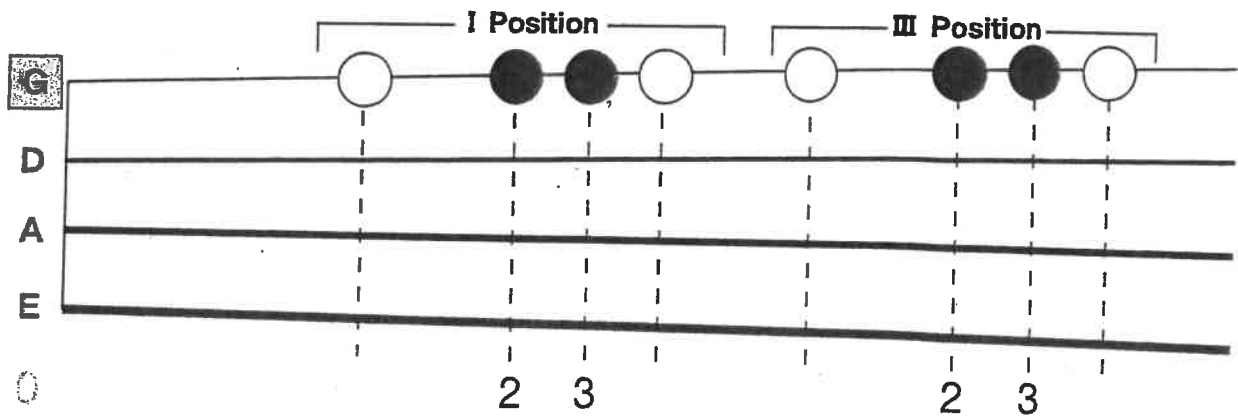
Orchestra/Period _____

Date _____

Bass Finger Pattern on the G String—String Bass

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.



Fourth Grade Bass Practice Checklist

Lesson 17

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-32
- 5) Learn Impulse mm. 33-40
- 6) Review Dragon's Den mm. 1-16
- 7) Learn Dragon's Den mm. 17-20

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!	Step LEFT foot OUT
Back Straight!	RIGHT SIDE Bass into body
Sloppy Back!	LEFT HAND out
Back Straight!	Bend LEFT ARM at elbow
Rest Position!	Grab left shoulder of Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

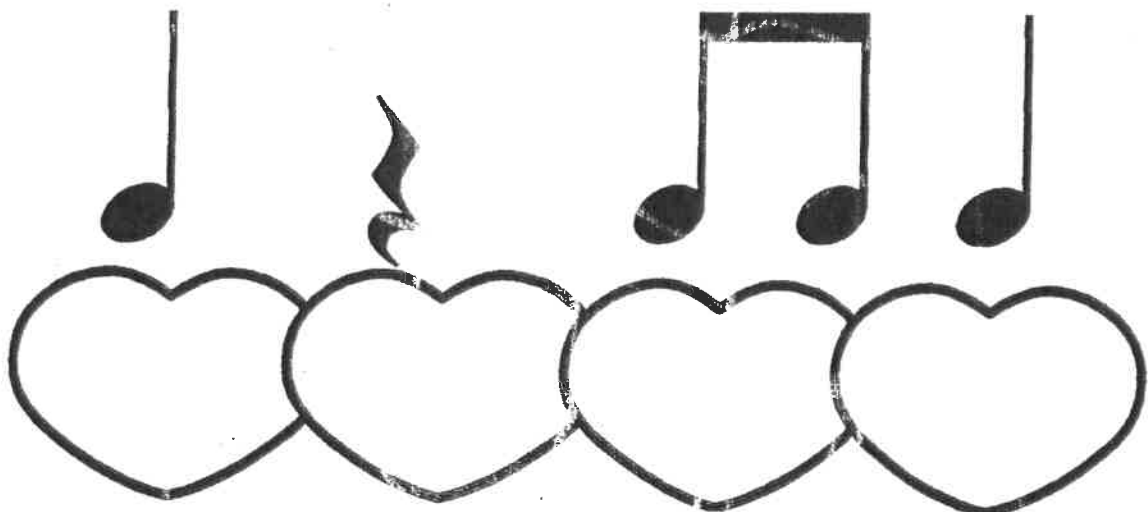
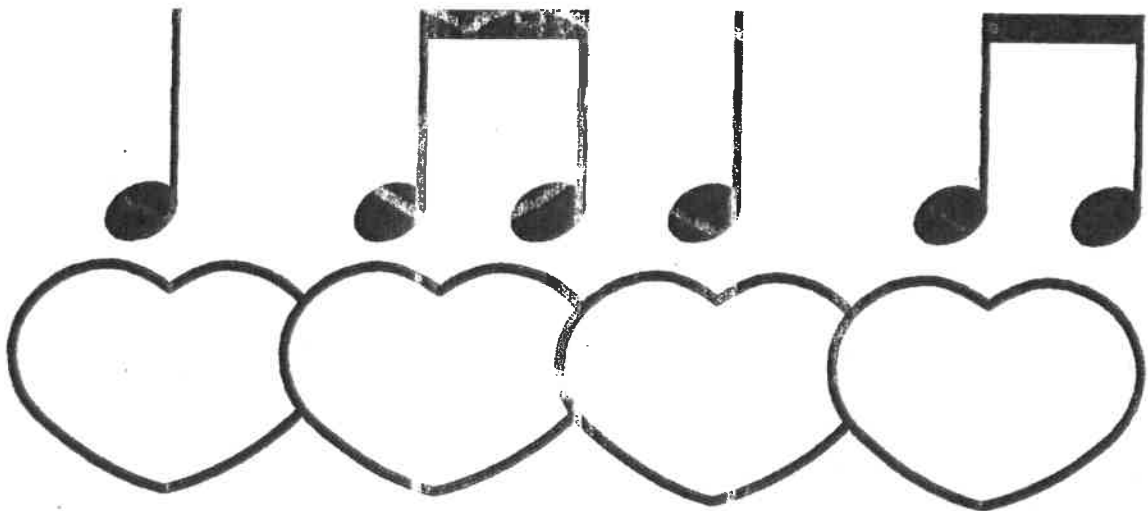
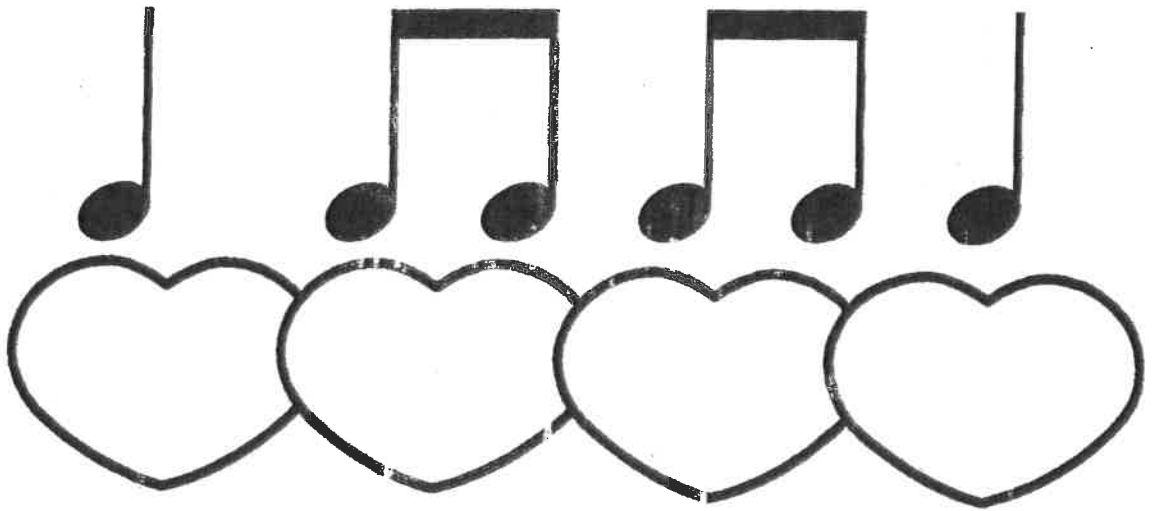
- 1) Play page 28 #81 "Pentascle #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-32
- 4) Learn "Impulse" mm. 33-40
- 5) Review "Dragon's Den" mm. 1-16
- 6) Learn "Dragon's Den" mm. 17-20

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Write the counting inside the heartbeats:



Fourth Grade Bass Practice Checklist

Lesson 18

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse mm. 1-40
- 5) Learn Impulse mm. 41-end
- 6) Review Dragon's Den mm. 1-20
- 7) Learn Dragon's Den mm. 21-end

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" mm. 1-40
- 4) Learn "Impulse" mm. 41-end
- 5) Review "Dragon's Den" mm. 1-20
- 6) Learn "Dragon's Den" mm. 21-end

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Additional Games

Note Values

Instructions:

Fill in the blanks using the following information as a guide:

In $\frac{4}{4}$ and $\frac{2}{4}$ time:

Quarter note = 1 beat

Eighth note = $\frac{1}{2}$ beat

1. There are _____ eighth notes in one quarter note.
2. There are _____ quarter notes in six eighth notes.
3. There are _____ eighth notes in two quarter notes.
4. Three quarter notes equal _____ eighth notes.
5. Four eighth notes equal _____ beats.
6. Three eighth notes equal _____ beats.

Fourth Grade Bass Practice Checklist

Lesson 19

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review Impulse ALL
- 5) Review Dragon's Den ALL

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument.
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Review "Impulse" ALL
- 4) Review "Dragon's Den" ALL

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

IMPULSE

BRIAN BALMAGES
(ASCAP)

Driving and spirited (♩ = 144)

1 2 3 4 5 6

7 8 9 10 11 12

13 14 15 16 17 18 19

20 21 22 23 24

25 26 27 28 29 30

31 32 33 34 35 36

37 38 39 40 41 42

43 44 45 46 47 48

Dragon's Den

Hannah Yang

mp

5

9

f

13

To Coda

17

p mp mf f

21

p mp mf f DC al Coda

25

Coda

f

ff

Fourth Grade Bass Practice Checklist

Lesson 20

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Learn Double Stops page 25 #71
- 5) Learn C-naturals page 42 #133-135
- 6) Learn "Good News Blues" mm. 1-4

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Step LEFT foot OUT

Back Straight!

RIGHT SIDE Bass into body

Sloppy Back!

LEFT HAND out

Back Straight!

Bend LEFT ARM at elbow

Rest Position!

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3"
- 2) Play D Major Scale page 31 #89
- 3) Play page 25 #72 "Lowdown Hoedown"
- 4) Play C-natural page 42 #136 and 137
- 5) Learn "Good News Blues" mm. 1-4

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____

Orchestra/Period _____

Date _____

Relate the A String Chromatic Notes/Fingerings to the Piano Keyboard—String Bass

Instructions:

- Place the proper note names inside the circles on the diagram.
- Draw the corresponding quarter notes on the staff.
- Write the fingering numbers above the notes.

The diagram shows a four-line staff representing the A string of a string bass. The lines are labeled G, D, A, and E from top to bottom. The A line is highlighted with a square box. Above the staff, two brackets indicate 'I Position' (covering the first two circles) and 'III Position' (covering the last three circles). There are seven circles on the A line, each with a vertical dashed line extending down to a piano keyboard. The circles are: white, white, black, white, white, black, black. The piano keyboard has a white key for each white circle and a black key for each black circle. Fingering numbers are written below the piano keyboard: '3' under the first black key, '2' under the second black key, and '3' under the third black key. Below the diagram is a blank bass clef staff.

Fourth Grade Bass Practice Checklist

Lesson 21

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play D Major Scale pg. 31 #89
- 4) Review pg. 25 #71 & pg. 42 #137
- 5) Learn Staccatos pg. 38 #119
- 6) Review "Good News Blues" mm. 1-4
- 7) Learn "Good News Blues" mm. 5-12
- 8) Learn "Lackawanna Locomotive" mm. 1-12

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Play page 38 #119 "Taco Staccato"
- 4) Review "Good News Blues" mm. 1-4
- 5) Learn "Good News Blues" mm. 5-12
- 6) Learn "Lackawanna Locomotive" mm. 1-12

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Name: _____

Date: _____

Creative Expression

Composition Part 1

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create a rhythm four measures long by using quarter notes, eighth notes, and quarter rests.
- Count and play your Rhythm!

Fourth Grade Bass Practice Checklist

Lesson 22

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review pg. 38 #119
- 6) Review "Good News Blues" mm. 1-12
- 7) Learn "Good News Blues" mm. 13-20
- 8) Review "Lackawanna Locomotive" mm. 1-12
- 9) Learn "Lackawanna Locomotive" mm. 13-24

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Step LEFT foot OUT

RIGHT SIDE Bass into body

LEFT HAND out

Bend LEFT ARM at elbow

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-12
- 4) Learn "Good News Blues" mm. 13-20
- 5) Review "Lackawanna Locomotive" mm. 1-12
- 6) Learn "Lackawanna Locomotive" mm. 13-24

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

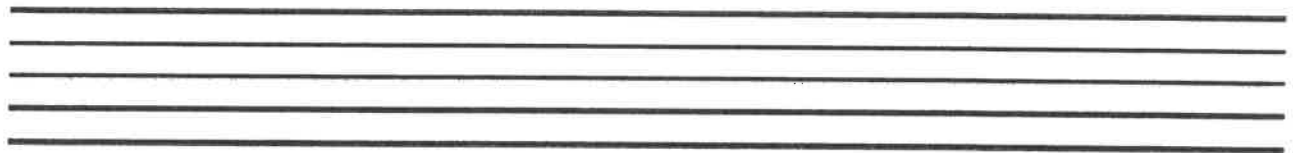
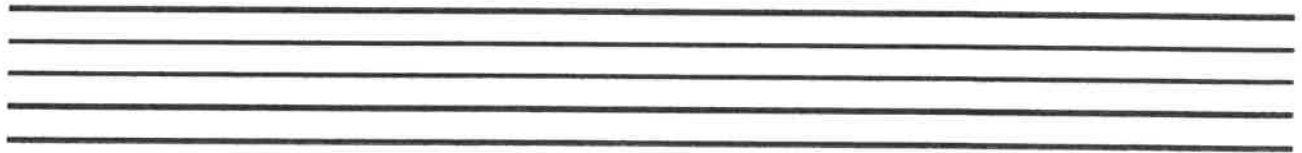
Name: _____

Date: _____

Creative Expression

Composition Part 2

- Create four measures by writing the clef for your instrument, a time signature, bar lines, and a repeat sign.
- Create four measures of music by adding A pentascale pitches (A, B, C#, D, E) to the rhythm you created in Composition Part 1.
- Play your A scale song!



Fourth Grade Bass Practice Checklist

Lesson 23

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-20
- 6) Learn "Good News Blues" mm. 21-24
- 7) Review "Lackawanna Locomotive" mm. 1-24
- 8) Learn "Lackawanna Locomotive" mm. 25-32

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat! **Step LEFT foot OUT**
Back Straight! **RIGHT SIDE Bass into body**
Sloppy Back! **LEFT HAND out**
Back Straight! **Bend LEFT ARM at elbow**
Rest Position! **Grab left shoulder of Bass with LEFT HAND**

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

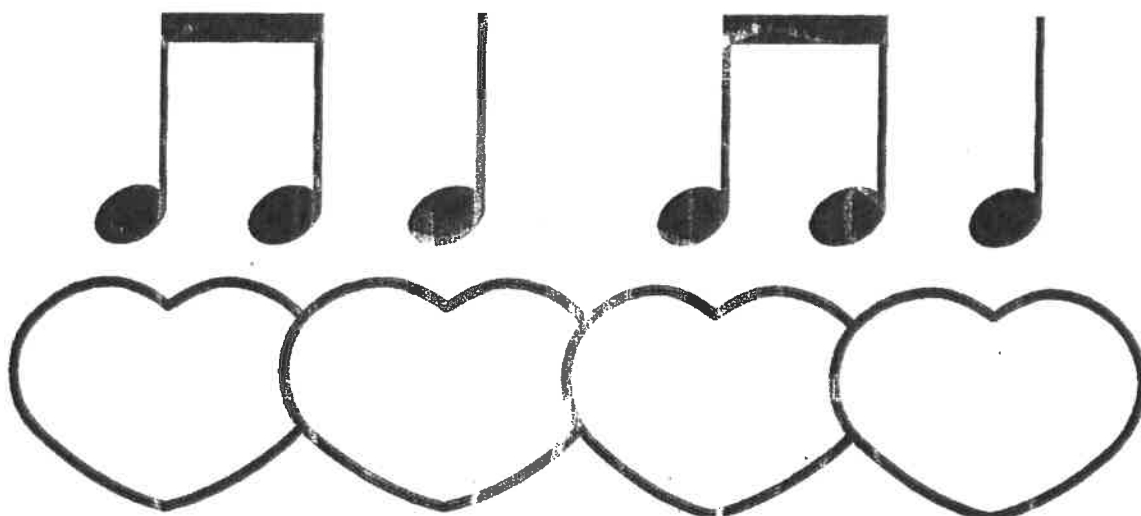
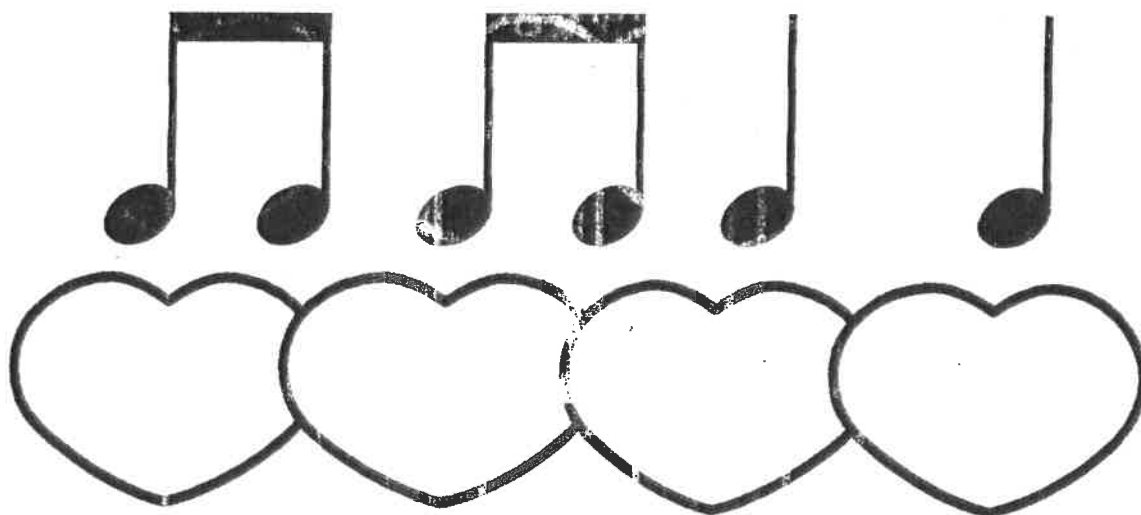
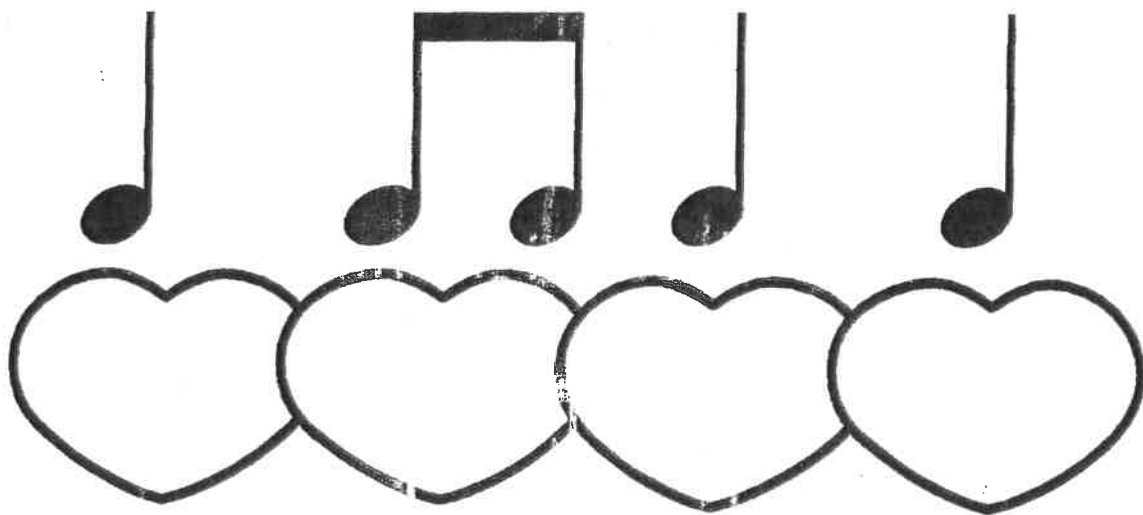
- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-20
- 4) Learn "Good News Blues" mm. 21-24
- 5) Review "Lackawanna Locomotive" mm. 1-24
- 6) Learn "Lackawanna Locomotive" mm. 25-32

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Write the counting inside the heartbeats:



Fourth Grade Bass Practice Checklist

Lesson 24

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-24
- 6) Learn "Good News Blues" mm. 25-32
- 7) Review "Lackawanna Locomotive" mm. 1-32
- 8) Learn "Lackawanna Locomotive" mm. 33-40

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!

Back Straight!

Sloppy Back!

Back Straight!

Rest Position!

Step LEFT foot OUT

RIGHT SIDE Bass into body

LEFT HAND out

Bend LEFT ARM at elbow

Grab left shoulder of

Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-24
- 4) Learn "Good News Blues" mm. 25-32
- 5) Review "Lackawanna Locomotive" mm. 1-32
- 6) Learn "Lackawanna Locomotive" mm. 33-40

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____

Additional Games

Note Values

Instructions:

Fill in the blanks using the following information as a guide:

In $\frac{4}{4}$ and $\frac{2}{4}$ time:

Quarter note = 1 beat

Eighth note = $\frac{1}{2}$ beat

1. There are _____ eighth notes in one quarter note.
2. Two quarter notes equal _____ eighth notes.
3. There are _____ eighth notes in four quarter notes.
4. Three quarter notes equal _____ eighth notes.
5. Four eighth notes equal _____ beats.
6. Three eighth notes equal _____ beats.

Fourth Grade Bass Practice Checklist

Lesson 25

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" mm. 1-32
- 6) Learn "Good News Blues" mm. 33-end
- 7) Review "Lackawanna Locomotive" mm. 1-40
- 8) Learn "Lackawanna Locomotive" mm. 41-end

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

Feet flat!	Step LEFT foot OUT
Back Straight!	RIGHT SIDE Bass into body
Sloppy Back!	LEFT HAND out
Back Straight!	Bend LEFT ARM at elbow
Rest Position!	Grab left shoulder of Bass with LEFT HAND

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" mm. 1-32
- 4) Learn "Good News Blues" mm. 33-end
- 5) Review "Lackawanna Locomotive" mm. 1-40
- 6) Learn "Lackawanna Locomotive" mm. 41-end

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Parent Initials:

Rhythm Line #1

Instructions:
Write the subdivided counting under the notes.

The image shows two musical staves in 4/4 time. The first staff contains a 4-measure phrase: a quarter note, a quarter note, a beamed eighth-note pair, and a beamed eighth-note pair. Below the first four measures, the counting '1 + 2 + 3 + 4 +' is written. The second staff contains a 4-measure phrase: a beamed eighth-note pair, a beamed eighth-note pair, a quarter note, and a quarter note.

Fourth Grade Bass Practice Checklist

Lesson 26

- Students should try to practice **10-15 minutes** every day for at least 6 days a week
- Instrument, book, pencil and CD (optional) are needed for every practice session

In-Class Agenda

- 1) Introduce Checklist
- 2) Play G Pentascale pg. 28 #81
- 3) Play C-natural Pentascale pg. 42 #137
- 4) Play D Major Scale pg. 31 #89
- 5) Review "Good News Blues" ALL
- 6) Review "Lackawanna Locomotive" ALL

Getting Ready to Play

- 1) Remember to hold your bass up by the neck when taking off the case
- 2) Rest bass on the floor to loosen screw, pull out end pin, and tighten screw
- 3) Don't forget bass goes on a diagonal to the left of your body
- 4) Put bass upright on floor and hold onto NECK with LEFT HAND

Don't forget your chants to get ready to play!

- | | |
|-----------------------|--|
| Feet flat! | Step LEFT foot OUT |
| Back Straight! | RIGHT SIDE Bass into body |
| Sloppy Back! | LEFT HAND out |
| Back Straight! | Bend LEFT ARM at elbow |
| Rest Position! | Grab left shoulder of Bass with LEFT HAND |

Using the Bow

- 1) Review bow hold on page 11
- 2) Put right arm straight out in front of you with bow tip facing up
- 3) Keep right arm straight and gently rest bow on one string at the frog
- 4) Make sure bow hair is flat and the bow is between the fingerboard and bridge
- 5) Keep your right arm nice and straight and move your bow from your right shoulder keeping a slight bend in your elbow
- 6) Remember to change strings from your shoulder before the note changes

How to Practice your Homework

- 1) **Read through the music, count the RHYTHMS, and say the NOTE NAMES**
- 2) **If songs are long do only two measures at a time and follow each note with your eyes while you play**
- 3) Perform steps from Rest Position to Playing Position
- 4) Slide LEFT HAND down neck until pointer finger reaches dot/tape
- 5) Put down each finger on your LEFT HAND one at a time until all fingers are on the instrument
- 6) Make stop sign and "L" with RIGHT hand, and anchor on fingerboard

Homework

- 1) Play page 28 #81 "Pentascale #3" & page 42 #137 "Pentascale #5"
- 2) Play D Major Scale page 31 #89
- 3) Review "Good News Blues" ALL
- 4) Review "Lackawanna Locomotive" ALL

Students should fill out the number of minutes they practice per day. Parents need to initial at the bottom the night before their child's lesson to verify the amount of time practiced.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Parent Initials: _____



Name _____
Orchestra/Period _____
Date _____

First Semester Orchestra Review

I. Fill in the blanks. Use each tool/term only once.

music staff
scale
bar line

repeat sign
double stop
clef sign

ledger lines
arco

bow lift
sharp sign

measure
arpeggio

time signature

pizzicato
key signature

double bar
pentascale

1. _____ allow us to play notes above and below the staff.
2. The _____ indicates the end of a piece.
3. The _____ has five lines and four spaces.
4. A _____ has two lines and two dots and means to perform a section or the composition again.
5. A comma is the sign for a _____.
6. _____ means to play with the bow.
7. A _____ separates the staff into measures.
8. A _____ raises the pitch one half step.
9. _____ means to pluck the string.

11. A _____ is placed at the beginning of the staff to denote the pitch of one of the lines.

14. When music moves in ascending or descending order, it is called a _____.
15. The space between two bar lines is called a _____.

17. A _____ has five notes moving in ascending or descending order.
18. When you play two notes at the same time it is called a _____.
19. The _____ tells us how many beats are in a measure.

21. When you play the notes of a chord one at a time, it is called an _____.

23. The _____ tells us which notes to play sharp or flat.

Lackawanna Locomotive

DORIS GAZDA

Allegro $\text{♩} = 104$

The musical score consists of ten staves of music in bass clef, 4/4 time. The tempo is marked 'Allegro' with a quarter note equal to 104 beats per minute. The score includes various musical notations such as dynamics (e.g., *f*), articulation (accents), and fingerings (e.g., 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48). Specific measures are boxed with numbers: 5, 13, 21, 25, 33, and 45. The score also includes Roman numerals for chords (I, II, III, IV, V) and other performance instructions like '4 -', '- 1 4 - 0', and '0 7'.

Bass

Good News Blues

CARL STROMMEN

Edited by Amy Rosen

Bluesy, swing style ♩ = 104

BAS33

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